

PROFILE

Name	DR.K.U.PAV	ITRAKRISHNA	
Department	Food Science and	Technology	66
Designation	Assistant Profess	or	
Email	ushpavi@yahoo.d	co.in	
Teaching Experience	UG: 5 Years	PG: 3 Years	

Recognised Educational Qualifications

s. NO.	QUALIFICATION	INSTITUTION	BOARD/ UNIVERSITY	YEAR OF PASSING
1		Holy Cross Home Science College, Thoothukudi	Manonmanium Sundaranar University, Tirunelveli	2007
2	M.Sc Human Nutrition and Nutraceutical	Fatima College, Madurai	Madurai Kamaraj University	2009
3		Avinashilingam University for women, Coimbatore	Avinashilingam University for women, Coimbatore	2011
4	Food Science and Nutrition		-	

Work Experience

S.No	Name of the Institution/Organisation	Designation	Nature of Work	Period	ΑΟΙ
1	Avinashilingam Institute for Home Science and Higher Education for women, Coimbatore	Research Fellow		Five months	
2	Avinashilingam Institute for Home Science and Higher Education for women, Coimbatore	Research Associate		Nine Months	
3	Fatima College (Autonomous), Mary Land, Madurai-18		Teaching/ Research/ Extension	3 Years	PG
4	Fatima College (Autonomous), Mary Land, Madurai-18	Assistant Professor Department of Home Science	Teaching/ Research/ Extension	3 Years	UG
5	Arul Anandar College (Autonomous),Karumathur	Assistant Professor Department of Food Science and Technology	Teaching/ Research/	From 18.06.2018 to till date	UG

Publications (Contributions in Journals/Edited Books/Proceedings)

Title of the Paper	Name of the Journal/Book/ Proceedings	Whether Journal/ Book/ Proceedings	Volume and No	Page Nos	ISSN/ ISBN No
Deficiency	The International Journal of analytical and experimental modal analysis		Volume XI, Issue VIII	315-322	ISSN: 0886- 9367
prevalence of Osteoporosis	Journal of Emerging Technologies and Innovative Research, an international open access journal		Vol.5, Iss.2	80-84	ISSN:2349- 5162
Formulation of	International Journal for				ISSN
Value added Dosa, Adai,	Science and Advance Research in Technology		Vol.4, Iss. 3		(online) : 2395-1052

Chappathi Dry Mix					
Effect of Nutrition Interventions among Primitive Tribal Mothers in Nilgiris District	UGC sponsored National Conference on Scientific Perspectives in Home Science,		Vol.2, Iss.3	244-248	ISBN:978- 93- 84234- 06-5
Formulation and acceptability of Spirulina incorporated healthmix			Vol.2, Iss.3	95-101	
Effect of Spirulina Supplementation on Vitamin A and Iron Nutritional Status among Primitive Tribal Children in Nilgiris District	International Journal of Current Research	Journal		11923- 11930	ISSN: 0975- 833X
Prevalence of Vitamin A and Iron Deficiencies Among Primitive Tribal Children In Nilgiris District"	International Journal of Food and Nutritional Sciences		Vol.3, Iss.6		ISSN 2320- 4257
Analysis of traditional folk knowledge peoples of Tirunelveli hills, Western Ghats, India	Biolife, an international journal of biology and life sciences		Vol(2), Issue (3)	712-720	
Supplementation of Brahmi and its impact on cognitive development among selected adolescent girls	International Journal of Food and Nutritional Sciences	Journal	Vol(1), Issue (1)		ISSN 2319- 1775,

Books/Journals Published or Edited

Name of the Book/ Journal/Confer ene Proceedings	Whether Journal/ Book/ conference Proceedings	Author/ CoAuthor	ISSN/IS BN No	Volu me No	Publisher and Place	Year of Publishing and Edition
Health and	Book	Author	ISBN-13:		LAP LAMBERT	2015-03-17
Nutritional Profile			978-3-659-		Academic	
of Latex Workers			47140-7,		Publishing	
			ISBN-10:			
			365947140			
			2			
Formulation and	Book	Author	ISBN: 978-		LAP LAMBERT	2018-05-23
Standardation of			613-9-		Academic	
Estrocal- A Health			82689-6		Publishing	
mix for						
Postmenopaual						
Women						

Reviewer Details

Name of the Journals	Date
Journal of Emerging Technologies and Innovative Research (An International Peer Reviewed Journal) with ISSN: 2349-5162 holding member ID: 112350	29 th January 2018

Consultancy Offered

Status- Consultant/Co Consultant	Nature of Consultancy	Organisation/ Institution Offered	(Paid/ Honorary)	Amount	Period/ Dates
Consultant	Nutritional Assessment of Preschool Children under ICDS Programme in12 districts- DISTRICT MONITOR OF MADURAI DISTRICT	ICDS & UNICEF	Paid		August 2014- 2014 – October 2014

Conference/Workshop/Seminar – Organised

S. NO.	NAME OF THE SEMINAR/CONF ERENCE/WORK SHOP	ORGANISING CAPACITY	SPONSOR	PERIOD/ DATE
1	International Seminar on Recent Trends in Food Processing Technology	Organising Member	Arul Anandar College, Karumathur	9 th January, 2019
2	International Seminar on Emerging Trends in Food Processing Technology	Organising Member	Arul Anandar College, Karumathur	10 th January, 2020
3	Health Fest 2018	Organising Member	Arul Anandar College, Karumathur	18/09/2018
4	Development of Value added products from locally available foods	Organising Secretary	Arul Anandar College, Karumathur	12th October, 2019

Papers presented in Seminars/Conferences/Workshop

Title of the Paper	Title of the Seminar/conference/ Workshop	Level of Seminar/ Conference/ Workshop	Organising Institution	Date
Formulation and standardization of sourashtra herbal tea	changes and	National Conference	Fatima College, Madurai.	25/01/201 8
Role of Smart Phones in Health Communication		International Conference	Avinashilingam University for women, Coimbatore	August 2017
Role of media in women health-a review	Communication	Conference	Avinashilingam University for women, Coimbatore	August 2017
Aloe vera- the miracle herb	Herbs for Holistic Health	National Seminar	Fatima College, Madurai.	
Formulation and Supplementation of		National Seminar	Government College for women,	<u>28/11/2</u> 01 6

aloevera incorporated recipes for diabetic people	Avenues and Challenges in Home Science		Thiruvananthapuram, Kerala.	to 29/11/201 6
and its impact Acai berry - The super fruit	Functional Foods to Achieve Nutrition and Health Security	National Conference	Tamilnadu Agricultural University, Madurai	19/09/201 6
Effect of Interventions on Vitamin A and Iron Nutritional Status Among Primitive Tribal Children in Nilgiris District	47 th Annual National Conference of the Nutrition Society of India	National Conference	National Institute of Nutrition, Hyderabad	21/10/201 5 to 22/10/201 5
Prevalence of Vitamin A and Iron deficiencies among Primitive Tribal Children in Nilgiris District"	46 th Annual National Conference of the Nutrition Society of India Young Scientist Award section	National Conference	Dayanad Medical College and Hospital, Ludhiana, Punjab	07/11/201 4 to 08/11/201 4
Exploration of innovative research problem	one day student's Workshop on "Quality Education For All"	National Conference	Avinashilingam University for Women, Coimbatore.	17 th November 2014
Combating Malnutrition among Tribal Children with Spirulina	45 th Annual National Conference of the Nutrition Society of India on "Inter-sectoral Approach to Promote Food and Nutrition Security"	National Conference	National Institute of Nutrition, Hyderabad	21/11/201 3 to 22/11/201 3
Spirulina supplementation among children	21 st National Science Tamil Conference	National Conference	Thavathiru Santhalinga Adigalar Arts and Science Tamil College, Coimbatore	9/02/2013 to 10/02/201 3
Occupational Health of latex workers	44 th National Conference of the Nutrition Society of India	National Conference	Venkateswara University, Tirupathi	17/11/201 2
Health and Nutritional profile of latex workers	43 rd National Conference of the Nutrition Society of	National Conference	National Institute of Nutrition, Hyderabad	11 th to 12 th
and the impact of	India organized by			November

Nutrition	NIN,ICMR			
Education				2011
Supplementation of	Food and	International	Periyar University, Salem	January
Brahmi and its	Nutraceuticals for	Conference		
impact on	Nutrition and Health:			20 th to 22 nd
cognitive	Technology and			2011
development	Delivery			2011
among selected adolescent girl				
Green Leafy	Healthy Heart- a	National	Avinashilingam	18 th to 19 th
Vegetables- a	lifeline to healthy life	Conference	University for	
boon to Healthy	,		, women,	January
Heart"			Coimbatore	
				2011
Supplementation	41 st National	National	National Institute	
of Brahmi and its	Conference of the	Conference	of Nutrition,	20 th to 21 st
impact on cognitive	Nutrition Society of India on "Chronic		Hyderabad	November
development	Diseases the New			November
among selected	Pandemic			2009.
adolescent girls				
Supplementation	Tamilnadu State	National	Madurai	
of Brahmi and its	Council for	Conference		8th August
impact on	Science and			
cognitive	Technology in the			
development	sector Medical			2009
among selected	Sciences under			
adolescent girls	Student Project Scheme			
	Schellie			

Resource Person

Whether Speaker/ Moderator/ Panelists	Title of the Presentation	Title of the Seminar/ Conference/ Workshop	Organising institution and Place	Date
•	Food Pyramid- Natural Food Habits to Health		Department of Botany, V.H.N. Senthikumara Nadar College, Virudhunagar	24/01/2014
Key Speaker	Valedictory Address	"Emerging Vogue in	Aiman College of Arts and Science for Women, Trichy	
	Programme	Nutritional Awareness Programme for staffs and students conducted by the Department of Electronics	Trichy	11/10/2018

Seminars/conferences/Workshops Attended

Title of the Seminar/ Conference/ Workshop	Level of Seminar/Confer ence/Workshop	Organising Institution	Date and Place
Recent Trends in	International	Fatima College,	20/09/2017
Chemistry	seminar	Madurai	Madurai
Optimal Nutrition Support for	International	Fortune Pandian	6/06/2016
Health and Wellness	Preconference workshop	Hotel, Madurai	Madurai
Food, Nutrition and	International	Fortune Pandian	7 to 8/06/2016
Health(ICFNH-2016)	Conference	Hotel, Madurai	Madurai
"Food and Health forEverybody,			
Everywhere			
Research Methodology and Data	International	Avinashilingam	28/01/2010
Interpretation	Seminar	University for women, Coimbatore	Coimbatore

Food Technology- Edition II, " Greening Food Processing sector for sustainable safe Food supply"	International Conference	IICPT, Thanjavur	30 to 31/10/2011 Thanjavur
Food and Nutraceuticals for Nutrition and Health: Technology and Delivery"	International Conference	Periyar University, Salem	20 to 22/01/2011 Salem
Sports Nutrition	International Conference	Avinashilingam University for women, Coimbatore	8 to 9/03/2012 Coimbatore
Empowering Learners Beyond Cognition	International Conference	V.O.Chidambaram College of Education, Thoothukudi	30/11/2006 to 02/12/2006 Thoothukudi
39 th Annual National Conference of Indian Dietitic Association	National Conference		05 to 06/01/2007 Nagpur
39 th National Conference of the Nutrition Society of India	National Conference	· · ·	15 to 16/11/2007 Hyderabad
· ·		Holy Cross Home Science College, Thoothukudi	27/02/2007 Thoothukudi
Home Science a Promising Future Ahead	National Seminar		14 to 15/12/2007 Madurai
Functional foods for Health Promotion and Disease Prevention	National Seminar	University of Mysore	14 to 15/02/2008 Mysore
Food Technovation	National Seminar	Holy Cross Home Science College, Thoothukudi	30/09/2008 Thoothukudi
,	National Conference	NIN,ICMR, Hyderabad	20 to 22/11/2008 Hyderabad
Entrepreneurial Avenues in Home Science	State level workshop	Fatima College, Madurai	28/01/2009 Madurai
Gearing Home science curriculum Towards Better Career Prospects	Regional Seminar	Avinashilingam University for women, Coimbatore	21 to 22/08/2009 Coimbatore
Assessment of Nutritional status and Dissemination of New RDA for Indians		NIN,ICMR, Hyderabad	19/11/2009 Hyderabad
Chronic Diseases the New Pandemic	National Conference	NIN,ICMR, Hyderabad	20 to 21/11/2009 Hyderabad
Food Safety Management in Dairy and Agro based food products	National Seminar	-	22 to 23/01/2010 Gandhigram

Food and Nutrition Challenges and Prospects in Human Health	National Seminar		24 to 25/02/2010 Salem
Alternative Medicine	National Symposium	Karpagam University,	01/03/2010 to 02/03/2010 Coimbatore
Role of Educational Institutions in Out- Reach Programmes and sustainable Community Development	Conference	RVS College of Arts and Science, Coimbatore	03/03/2010 Coimbatore
	National Conference	Manonmaniam Sundaranar University, Tirunelveli	21 to 23/05/2010 Tirunelveli
Functional Foods and Nutraceuticals in Preventive Dietetics	National Conference	Fatima College, Madurai	29 to 30/07/2010 Madurai
Healthy Heart- a lifeline to healthy life	National Conference	Avinashilingam University for women, Coimbatore	18 to 19/01/2011 Coimbatore
Women in Hospitality Industry	Regional Seminar	Avinashilingam University for women, Coimbatore	10/02/2011 Coimbatore
Holistic " Maternal and Child Nutrition"	National Seminar	Avinashilingam University for women, Coimbatore	22/09/2011 Coimbatore
Economic Transition in Nutrition- Lifestyle Diseases and Health and Nutrition Wellness			11 to 12/11/2011 Hyderabad
Food security	National Conference	Sri Venkateswara University, Trirupathi	16 to 17/11/2012 Trirupathi
Path Finder- Explore, Experiment, Elucidate Research	Research Convention	Avinashilingam University for women, Coimbatore	07/02/2013 to 09/02/2013 Coimbatore
	National Conference	Thavathiru Santhalinga Adigalar Artts and Science Tamil College, Coimbatore	10/02/2013
	Convention	University for women, Coimbatore	Coimbatore
Current Priorities in Nutrition Research, Methodology and Report Writing			20/11/2013 Hyderabad
Inter- sectoral Approach to Promote Food and Nutrition Security	National Conference		21/11/2013 to 22/11/2013 Hyderabad

	National Conference	College and Hospital,	07/11/2014 08/11/2014 Punjab	to
International Students' Day UGC Sponsored – Students' Workshop on " Quality Education For All"	•		17/11/2014	
One day workshop on Bioethics in Research, Nutrition Society of India, Coimbatore chapter	•	Avinashilingam University for women, Coimbatore	16/12/2014 Coimbatore	
47 th Annual National Conference of the Nutrition Society of India .	National Conference	National Institute for Nutrition, Hyderabad	/10/2015 /10/2015 Hyderabad	to
Functional Foods to Achieve Nutrition and Health Security	National Seminar	Tamilnadu Agricultural University, Madurai	19/09/2016 Madurai	
Social Entrepreneurship: Avenues and Challenges in Home Science	National Seminar	Women,	28/11/2016 29/11/2016 Kerala	to
Intellectual Property Rights	Workshop	Fatima College, Madurai	10/12/2016 Madurai	
Herbs for Holistic Health	National Seminar	Fatima College, Madurai	20/12/2016 Madurai	
Scientific Perspectives in Home Science	National Conference	University for women,		to
Introduction to Nutrigenetics	National Seminar	Fatima College, Madurai	16/03/2017 Madurai	
Alternative Teaching Methodology"	Faculty Development programme	Fatima College, Madurai	14/10/2017 Madurai	
Social issues: changes and challenges	National conference	Fatima College, Madurai	25/01/2018 Madurai	

Title of the Project/Research	Name of the Fellowship	Sponsoring Institution/ Organisation	Period	Amount
Supplemention of Brahmi and its impact on cognitive development among selected adolescent girls	Student Project Scheme	Tamilnadu State Council for Science and Technology	2008-2009	10,000
Securing highest marks	Maveeran Sundaralingam Endowment scholarship	Madurai Kamaraj University	2007-2008	1,300

Achievements & Awards

- Qualified the **UGC-NET** (UGCRef.No:22625/NET-JUNE 2012) in the subject Home Science
- Qualified the **SET 2012** (SET Ref.No: SET/06/01336) in the subject Home Science
- Received Young Scientist Award- Junior in Community Nutrition from 46th Annual National Conference of NSI on 8th November, 2014 at Ludhiana, Punjab.
- Received first prize for the best paper presentation in 21st National Science Tamil Conference on 9/02/2013 to 10/02/2013 at Thavathiru Santhalinga Adigalar Arts and Science Tamil College, Coimbatore

Other Details

Research Advisory Committee Member (External)

Mannar Thirumalai Naicker College(Autonomous), Madurai for the year 2019-20

Membership in professional bodies:

Life member in Nutrition Society of India from 2009

Member of Board of Studies

- Research Centre of Home Science, Fatima College, Madurai-18
- > PG department of Human Nutrition and Nutraceuticals, Fatima College, Madurai-18
- > Department of Food Science, American College, Madurai-02

Member of Board of Examination

- Department of Food Science and Nutrition, Dr.N.G.P Arts and Science College, Coimbatore.
- Department of Home Science (UG) and Department of Food Processing(PG), V.V.Vanniyaperumal College for Women, Virudunagar
- > Department of Food Science and Nutririon, American College, Madurai-02
- > Department of Biotechnology, American College, Madurai-02