





ANNUAL GENDER SENSITIZATION ACTION PLAN

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2020 – 2021



Gender Sensitization Action Plan

2020-2021

Arul Anandar College (Autonomous), Karumathur-625 514
Women's Studies Centre
(UGC Supported)



Action Plan

- To conduct Non Major Elective course namely "Introduction to Gender Studies" for II UG students.
- To orient the female students on Health and Nutrition
- To organize International Women's day
- To raise awareness on anemia for female students.

Mode of execution

Seminar, workshops, conferences, counseling sessions and awareness programmes

A handwritten signature in blue ink, appearing to read 'M. P. Selvaraj'.

Director

Women's Studies Centre

DIRECTOR

WOMEN'S STUDIES CENTRE

ARUL ANANDAR COLLEGE (AUTONOMOUS)
KARUMATHUR-625 514, MADURAI DIST.

University Grants Commission
Women' Studies Centre
Approved under XII Plan
Report of the Activities carried out from
April 2020 to 2021

1. General Information

- 1.1 University : Madurai Kamaraj University
- 1.2 Centre : Women's Studies Centre
- 1.3 Address : Arul Anandar College, Karumathur – 625 514
Madurai, Tamil Nadu.
- 1.4 Date of Establishment : 10.10.2009
- 1.5 Phase Assigned : Phase One
- 1.6 Name of the Director : Ms. M.Pandeeswari

2. Programme

2.1 Objectives

- Organizing Seminars, Workshops.
- Organizing Certificate and Diploma Programmes for students, teachers and NGOs.
- Imparting periodical trainings to build the soft and technical skills & students and local women.
- Collaboration with other Institutions and NGO's.
- Conducting a filed action Project and after Project Publish Papers based on the experience.

2.2 Fulfillment

The Centre has carried out the above mentioned activities as per the directions of UGC to the maximum extent possible.

3. Details

3.1 Teaching

Non Major Elective Course

Women's Studies Centre offers a paper titled "**Introduction to Gender Studies**" under Non Major Elective compound under Choice Based Credit System to the II year Non Major Elective Students. The strength of the students attended the course is given below.

Category	No of Students opted for the course		
	Boys	Girls	Total
Aided	58	13	71
Self – Finance	67	6	73
Total	125	19	144

The Result of the examination of the same is as follows:

Category	Number of students appeared	Number of students Passed	Percentage
Aided	71	53	74%
Self-Finance	73	64	87%

1.5 Information and Dissemination

Establishment of Library and Documentation Centre

A library has been established as per the direction of the University Grants Commission at the Centre for Women's Studies in Arul Anandar College, from February 2010 onwards for the benefit of the students and the faculty. Around 10 regional and national journals have been subscribed and nearly 182 books on women's Studies to the tune of Rs.96, 200 are available for the benefit of the students. Besides, two dailies in Tamil and English (The Hindu Tamil Thisai & English) are subscribed for updating daily news. The Centre also displays the current issues related to women in notice board every day for the perusal of all in the college. The Centre documents the issues related to women from October 2009 till date.

1.5 Advocacy

As the Centre is in the initial stage of Phase One, it is yet to carry out programme of advocacy.

d. Future Thrust

- ✓ To give training programme on local governance for rural community.
- ✓ To organize Seminars in collaboration with other Departments.
- ✓ To introduce Certificate and Diploma Courses on Gender Studies.
- ✓ To conduct Health care Programme.
- ✓ To promote cooperation from the students to protect the girls from early marriage.
- ✓ To conduct competitions and programmes for Gender Champions.

5. Resources

5.1 People

S. No	Administrative Staff	Permanent / Temporary
1.	Principal & Chairman	Permanent
2.	Director	Permanent
3.	Standing Committee Members	Temporary
4.	Project cum Documentation Officer	Temporary
5.	Field Coordinator cum Computer Assistant	Temporary

Administrative Structure

4.4 Any Other

International Women's Day Programme

International Women's Day was observed in the college premises on 8th March 2021. Ms. Poorna Sangeetha Chinnamuthu, Environmentalist was the chief guest for the occasion. In her address, she spoke on the need and importance of women's education for the empowerment of women in general and entreated all the women students to utilize the rare opportunity given to them and step out with flying colours. Ms Malarvizhi, Inspector of Police, Investigation of Crime against Women and Children Wing, Madurai was the special invitee. During her emulating special address, she reminisced the difficult and arduous moments that she faced in materializing her dream in becoming a police officer and enlightened the students on the various avenues that are open to them in getting empowered.

Rev. Dr. Godwin Rufus, S.J.,

Principal, in his presidential address appealed to the students to strive for success and excellence both in their career and lives. **Rev. Dr. John Prakasam, S.J.,** Rector offered his felicitation and blessed the gathering. **Rev. Dr. S. Gilbert Camillus, S.J.,** Secretary honoured the chief guest. **Dr A. Sundararaj,** Deputy



Principal, Shift II in his felicitation insisted the students to imbibe the qualities of courage and determination to fight against inequalities and subjugations. **Ms. M.Pandeeswari,** Director, Women's Studies Centre & Assistant Professor of Rural Development Science welcomed the gathering. **Ms. A. Sahaya Josephine Mary,** Dean for Women Students proposed vote of thanks.

Name and Signature of Principal

PRINCIPAL
Arul Anandar College
Karumathur-625 514, Madurai Dt.

Name and Signature of Director

DIRECTOR
WOMEN'S STUDIES CENTRE
ARUL ANANDAR COLLEGE (AUTONOMOUS)
KARUMATHUR-625 514, MADURAI DIST.

2019 – 2020



Gender Sensitization Action Plan

2019-2020



Arul Anandar College (Autonomous), Karumathur-625 514
Women's Studies Centre
(UGC Supported)

Action Plan

- To organize a conference on women empowerment to all second year female students.
- To sensitize the students through gender sensitization programme.
- To create an awareness on personal hygiene and anemia for all female students.
- To promote awareness among female students on Human rights and social justice
- To conduct a workshop for female students on "Food processing"
- To motivate the students to grow in self-acceptance, self-appreciation and self-esteem.
- To conduct training programmes on the formation of SHGs (Self Help Groups) for final year female students.
- To promote awareness on antenatal care and counseling for married girl students.
- To develop the entrepreneurial skill for SHG members.

Mode of execution

Seminars, guest lectures, workshops, counseling sessions, informal meetings and conferences.

Director

Women's Studies Centre

DIRECTOR

WOMEN'S STUDIES CENTRE
ARUL ANANDAR COLLEGE (AUTONOMOUS)
KARUMATHUR-625 514, MADURAI DIST.

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2.1 Objectives

- Organizing Seminars, Workshops.
- Organizing Certificate and Diploma Programmes for students, teachers and NGOs.
- Imparting periodical trainings to build the soft and technical skills & students and local women.
- Collaboration with other Institutions and NGO's.
- Conducting a field action project and follow up with publications.

2.2 Fulfillment

The Centre has carried out the above mentioned activities as per the directions of UGC to the maximum extent possible.

3. Details

3.1 Teaching

Non Major Elective Course

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Category	No of Students opted for the course		
	Boys	Girls	Total
Aided	40	23	63
Self – Finance	60	8	68
Total	100	31	131

The Result of the examination of the same is as follows:

Category	Number of students appeared	Number of students Passed	Percentage
Aided	63	38	60 %
Self-Finance	68	47	69 %

3.2 Training

Programmes of Women's Studies Centre:

“Skill Training on Entrepreneurship Development Programme”

Women's Studies Centre of Arul Anandar Organized a **one day Training Programme** on **"Entrepreneurship Development"** on **27th February 2020** for Self Help Group members.

Ms.M.Pandeeswari, Director of Women's Studies

Centre welcomed the gathering. The presidential address was delivered by our principal **Rev.Dr. Basil Xavier S.J.**, He expressed the importance of entrepreneurial skills for women and he insisted the self help women to make use the opportunities which are available to them.

Ms. M. Asha, and Ms. S. Mathanki, Trainer of

Suchitra EXIM, were the resource persons for this training program. During the first session, she explained the important information about entrepreneurship such as process, financial assistance available to the entrepreneurs. In the second session the hand on training of handicraft items was given.



Training Programme on "Formation of Self Help Groups”

The **Women's Studies Centre & Arrupe Centre for Policy Research (ACPR)** has jointly organizing a Training of final year UG girl students on formation of self help groups was conducted on **25th**

January 2020. Dr. C. Mabel Joshaline, Assistant Professor, Dept. of RDS, Programme Coordinator, ACPR welcomed the gathering.

Rev. Fr. S. Basil Xavier S.J. offered felicitation.

Mr. P. Anthony Raj, Assistant Professor, Dept. RDS, Programme Coordinator introduced the Chief Guest.

79 students were trained and continuous follow up was done to form self help groups in their native villages.



Mrs. Padmavathy, Programme Coordinator, CCD, Madurai, **Mrs.Thilagam**, Community Resource person, Madurai and **Mrs.Kasthuri**, Treasurer, Sevaiyur MahaKalasam, Virudhunagar were the experts who trained the girls in this concept. **Ms. M. Pandeewari**, Assistant Professor, Dept. of RDS, Director Women's Studies Centre proposed the vote of thanks.

One Day Training on “Fabric Painting”

The Centre for Women’s Studies of Arul Anandar College, Karumathur, organized a one day training on “**Fabric Painting**” on **27th July 2019** for the girl students of our college. **Ms.M.Pandeewari**, Director, Centre for Women’s Studies of our college welcomed the gathering and introduced the resource person.

Rev.Dr.Basil Xavier, S.J., Principal, presided over the training programme. He encouraged the students to avail the opportunities offered to them. He motivated them with his inspirational words and stressed the importance of hand work which is useful for our life at any moment. He conveyed optimistic words to become instrumental in bringing out change in our life.



Ms. Sujatha, DCA Senior Tutor, Kokuyo Camlin Ltd, Madurai was the resource person. She explained the art of work and its importance and how it becomes a solution to get rid of stress in our life. She too stressed the way of art change into the business for some of the girl students of different colleges.

She taught different strokes of painting techniques and highlighted the importance of eco friendly technology. She delineated the preparation of paper bags with painting and insisted on the importance of organic painting for children during the celebration.

1.5 Information and Dissemination

Establishment of Library and Documentation Centre

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Administrative Structure

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4.	Project cum Documentation Officer	Temporary
5.	Field Coordinator cum Computer Assistant	Temporary

4.4 Any Other

Organize a Women Conference on “One Day Conference on Women’s Empowerment to Enterprises”

The Women’s Studies Centre & Arrupe Centre for Policy Research organize A One day conference on Women’s empowerment to enterprises on An Innovative Approach to Lifelong Learning for farmers on **26th June 2019**. **Dr. Thamizoli**, Consultant Commonwealth of Learning, explained the need for establishing women FPO. **Rev. Dr. Hilaria Soundari**, Associate Professor, Department of Applied Research, Gandhigram Rural Institute delivered the inaugural address in the conference. In this session **Ms. Josphine Mary**, who is the Board Director of Madurai Thennai Matrum Ithara Payirgal Producer Organization, presented her experience, what the situation prior to establishment of Farmers Producer’s Organization, she has explained how the Farmer Producer



Organization (FPO) has provided opportunity for the sale of the products. In this session **Mrs. Manimegalai**, Agricultural Officer, Chellampatti Union, stated her opinion about the connection between the women and the nature. **Dr. P. Harikrishnaraj**, National Bank for Agricultural and Rural Development, District Deputy Manager, Madurai, explained the various programs of National Bank for Agricultural and Rural Development (NABARD) aim at enterprise development and also non – farm employment generation. This session was a concluding part of the conference in which **Mrs. Lakshmi**, Shareholder of Farmers Producers Organization (FPO) and E-Content user, at the end of the session **Dr. R. Venkatravi**, Associate Professor, Centre for Lifelong Learning, Gandhigram Rural Institute (GRI), delivered valedictory address of the conference. The conference has provided a platform for the women who are shareholders of various FPO.

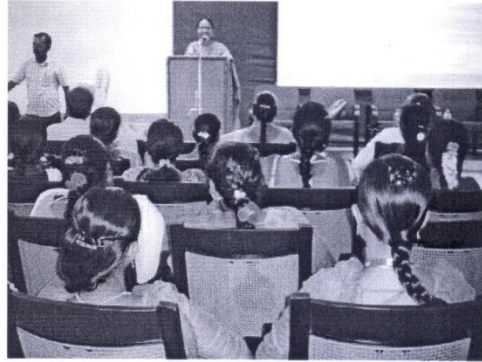
Awareness Programme on “Gender Sensitization”

The Centre for Women’s Studies of Arul Anandar College, Karumathur, organized a awareness programme on ‘**Gender Sensitization**’ on **4th July 2019** for all the girl students of our college. **Ms.M.Pandeeswari**, Director, Centre for Women’s Studies of our college welcomed the gathering.

Rev.Dr. Basil Xavier, S.J., principal, of our college, presided over the function. He elicited the importance of gender sensitization. He spoke about the importance of programmes which are organized for our girl students. He insisted the girl students to have self-identity and do their all the activities with commitment and involvement.

He motivated the students to avail the opportunities offered by the centre. He stressed the awareness of social issues of women in the society. He explained about their problems of women in ancient period which are continued during these days also.

Dr.Geetha, assistant professor, department of sociology Madurai Kamaraj University, focused the awareness on gender sensitization. She gave some exercises to understand gender disparities. She stressed the importance of women in family and society. Girl students participated in this awareness programme. **Mrs.K.Ramya**, assistant professor dept commerce proposed the vote of thanks.



Orientation for the “Women Students”

The Dean for Women Students and Women’s Studies Centre organized an orientation programme for the first year women students of Shift I and Shift II on **08 August 2019 at Diraviam Arangam.**

Mrs A. Sahaya Josephine Mary, Dean for Women Students oriented the students on the general



code of discipline, health, hygiene, and facilities available to them on the campus. As early marriage is still an existing phenomena in this local, the girls were requested not to discontinue their studies and were enlightened with the need and importance of education for their empowerment. The students were also instructed to restrain the use of mobile phones on the campus and maintain decorum

inside. **Dr. J. Vanitha**, Coordinator, Physical Education spoke to the students of the opportunities available on campus to excel in sports and motivated them to unearth their potential for games and sports.

Awareness Programme on “Personal Hygiene & Awareness of Anemia”

The centre for Women’s Studies of Arul Anandar College, Karumathur, organized a programme on **“Awareness programme on Personal Hygiene and Awareness of Anemia”** on **27th August 2019** for the first year UG girl students of our college.

Ms.M.Pandeeswari, Director, centre for women’s studies of our college welcomed the gathering. **Rev.Fr.Basil Xevier, S.J.**, Principal of our college presided led the programme. He spoke on “Personal Hygiene and Awareness of Anemia” with his own experience and emphasized the importance of hygiene and awareness of anemia.



Dr.Punitha, Assistant Medical Officer, Primary Health Centre, Elumalai was the guest speaker. She gave the outline about personal hygiene for girls. She explained that the personal hygiene habits are directly related to less illnesses and better health. She gave some tips to the girls to take personal hygiene. **Ms. A. Biji Mariya Keens**, Women Student Secretary proposed vote of thanks.

Awareness Programme on “Human Rights and Social Justice for Women”

The Women's Studies Centre & Dean for Women Students organize an awareness programme on **“Human Rights and Social Justice for Women”** on **10th September 2019** was arranged for all the



girl students of Shift II. **Ms. J. Jenisha Mary**, Women's Secretary, III Year Girls Students welcomed the gathering. **Rev. Fr. S. Basil Xavier S.J.** offered felicitation. **Mr. A. Kathir**, Executive Director, EVIDENCE (NGO), Madurai was the Guest Speaker. The focus of the event was to create awareness among the women students of the basic human rights and the laws and acts safeguarding the rights of women.

Ms. M. Pandeeswari, Assistant Professor, Dept. of RDS, Director Women's Studies Centre proposed the vote of thanks.

“Understanding Women Studies for Non Major Elective Students”

Women's Studies Centre of Arul Anandar College, Karumathur organized a guest lecture

“Understanding Women Studies for Non Major Elective Students” on 25th September 2019.

The Programme started with the prayer song by the choir. **Ms.I.Juliet Shanthi**, Member welcomed the gathering. **Mr.Murugesn**, Assistant Professor Department of Women Studies Alagappa University, Karikudi. Emphasized the need to understand the need decision making in marketing.



To explicit the concept of students' non major elective students to have cost end management gender studies and gender equality knowledge. **Ms. M.Pandeeswari**, Director proposed vote of thanks.

Workshop on “Food Processing”

Women's Studies Centre of Arul Anandar College, Karumathur workshop on ‘**Food Processing**’ on **10th October 2019** for all the girl students of our college. **Ms.M.Pandeeswari**, Director, Women's Studies Centre of our college welcomed the gathering. The presidential address was delivered by



our principal **Rev.Fr.Dr. Basil Xavier S.J.**, He expressed the importance of entrepreneurial skills for women and he insisted the self help women to make use of the opportunities which are available to them. The workshop aimed at technically equipping the girl students in various preservation techniques. Vegetables like cabbage, cauliflower, raw mango, carrot, beans and chilles were used for pickles preparation. The techniques were demonstrated by the resource person

Ms.K.Punithavathy, Assistant Professor, Department of Home Science, RVS Horticulture College Sempatti.

This session was followed by the hands on training for the students. Preservation of fruits namely grapes, banana, pineapple apple orange and guava were demonstrated as jam by the expert. The same preparation was done by the students in the afternoon session. The aim of the workshop was to empower students with entrepreneurial skills of fruits and vegetables preservation.

Nearly 3 kg of pickle was prepared and distributed to the students. About 6 liters of grape squash was prepared along with 4kg of fruit jam. Papaya fruit bar, guava jelly, tomato sauce, Amala candy, Amala mouth refreshner were the fruit products that were included in this workshop. The students were immensely benefitted by the workshop. The Workshop was convened by **Mrs.T.Kala**, assistant professor, department of history proposed the vote of thanks.

Awareness Programme on “Women and Legal Rights”

The Women's Studies Centre & Dean for Women Students organize an awareness programme on **Women and Legal Rights** was arranged for all the girl students of Shift II on **27 November 2019**. **Adv. S. Selva Gomathi**, Managing Trustee, SOCCO Trust, Madurai, **Dr Savithri**, Assistant Professor of English, Shri Meenakshi College, Madurai and **Adv. Bala Sundari**, Juvenile Justice Board, Madurai were the keynote speakers. The programmed was sponsored by the SOCCO Trust, Madurai in view of the International Day for the Elimination of Violence against Women observed on 25th November.



The aim of the programme was to raise awareness of the fact that women around the world are subject to, domestic violence and other forms of violence; furthermore, one of the aims of the days was to highlight that the scale and true nature of the issue is often hidden. **Ms. M. Pandeewari**, Assistant Professor, Dept. of RDS, Director Women's Studies Centre proposed the vote of thanks.

Organize a training programme on “Building Better Self Esteem for Women”

The Women's Studies Centre & Dean for Women Students organized a training programme for the girl students of Shift I and Shift II on **Building Better Self Esteem for Women** on **5th December**

2019. Ms. A. Sahaya Josephine Mary, Assistant Professor, Dept. of English, Dean - Women Students welcomed the gathering. **Dr. S. Michael John Peter**, Deputy Principal, offered felicitation. **Ms. K.Andresia Michaeline**, Corporate Trainer/ Students Counsellor, Dindigul District was the resource person. The principal objective of the event is to enhance the level of confidence and self esteem of the girl students. **Ms. M. Pandeeswari**, Assistant Professor, Dept. of RDS, Director Women's Studies Centre proposed the vote of thanks.



Awareness Programme on “Antenatal Care Counseling”

The centre for Women's Studies Centre & Dean for women students of Arul Anandar College, Karumathur, organized a programme on "Awareness Programme on Antenatal Care and Counseling Session" on **18th February, 2020** for the married girls of our College. **Ms.A.Sahaya Josephine**



Mary, Dean for women students of our college welcomed the gathering. **Dr. S. Kiruthiga**, DGO Surgeon, Primary Health Centre Chellampatti was the guest speaker. She explained the precautions to be taken during Antenatal care, and postnatal care for women. She stressed the need of sanitation and hygiene during antenatal period Practical tips will suggested 35 married girls students participated in this

awareness programme. **Ms. M.Pandeeswari**, Director Women's Studies Centre of our College proposed the vote of thanks

International Women's Day Programme

The Centre for Women's Studies and the Dean for Women Students conducted the Women's day Program on **14th March 2020**. **Mrs. S. Devi**, Assistant Professor & Speaker, SFR College, Sivakasi was the Chief Guest. In her address she insisted the girls to discern the concepts like gender equality, women liberty and empowerment in the right sense. She further stressed the need to explore their hidden potentials and use it to enhance their level of self esteem and confidence.



Rev. Dr. S. Mani Valan, S.J., Secretary and **Rev. Dr. S. Basil Xavier**, S.J., Principal offered their felicitation **Mrs. A. Sahaya Josephine Mary**, Dean for Women students welcomed the gathering and **Ms.M.Pandeeswari**, Director, Centre for women's Studies introduced the Chief Guest. In view of the women's day several competitions were held. The winners were appreciated with Prizes and certificates.

Ms. A. Biji Mariya Keens, Women Student Secretary proposed vote of thanks.

Participation in Seminar/Workshop/Conference

S. No	Name of the participation	Programme/ Seminar/Workshop /Conference/ Symposium	State level/ National level/Inter level/ Regional	Theme of the paper	place	Date
1.	Dr.M.Easuraja Asst Prof. Department of Chemistry	Programme	-	Human Rights	K.K Nagar Madurai.	06.09. 19
2.	S.Manimegala Asst Prof. Department of Tamil	Programme	-	Human Rights	K.K Nagar Madurai	06.09. 19
3.	Students	Programme	-	Human Rights	K.K Nagar Madurai	06.09. 19

Name and Signature of Principal

PRINCIPAL
Arul Anandar College (Autonomous)
Karumathur-625 514, Madurai Dt.

Name and Signature of Director

DIRECTOR
CENTRE FOR WOMEN'S STUDIES
ARUL ANANDAR COLLEGE (AUTONOMOUS)
KARUMATHUR - 625 514, MADURAI DIST.

Press Coverage

செக்காலூரணி, மார்ச் 18
கருமாத்தூர் அருள் ஆர்., கல்லூரி தமிழ்த்
ஆனந்தர் கல்லூரி துறை பேராசிரியை
யில் மகளிர் தின விழா தேவி மாணவர்களுக்கு
முதல்வர் பேசில் சேவியர் பரிசுகளை வழங்கினார்.
தலைமையில் நடந்தது. மகளிரியல் மைய
மாணவியர் புலத் இயக்குனர் பாண்டிஸ்வரி
தலைவி ஜோஸ்பின் மேரி தொகுத்து வழங்கினார்.
வரவேற்றார். கல்லூரி மாணவியர் மன்ற செயலர்
செயலர் மணிவளன், பிஜி நன்றி கூறினார்.


PRINCIPAL

Arul Anandar College (Autonomous)
Karumathur-625 514, Madurai Dt.


DIRECTOR

CENTRE FOR WOMEN'S STUDIES
ARUL ANANDAR COLLEGE (AUTONOMOUS)
KARUMATHUR - 625 514, MADURAI DIST.

2018 - 2019



Gender Sensitization Action Plan

2018-2019

Arul Anandar College (Autonomous), Karumathur-625 514
Women's Studies Centre
(UGC Supported)



Action Plan

- To assist the female students in their holistic formation.
- To orient the women staff members on health awareness.
- To create awareness on health and wealth for outgoing female students.
- To conduct awareness programmes among the married female students on adolescent health, reproductive health and antenatal care.
- To orient female student on cyber crime.
- To develop the entrepreneurial skills in food preservation, jewel making and toys making among the students of arts department.
- To equip the outgoing science department female students for their writing skills and scope of higher education.
- To observe the International Women's Day.

Mode of execution

Seminars, guest lectures, workshop, counseling sessions and conferences


Director

Women's Studies Centre

DIRECTOR
WOMEN'S STUDIES CENTRE
ARUL ANANDAR COLLEGE (AUTONOMOUS)
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Self-Finance	61	47	77

3.2 Training

Programmes of Women's Studies Centre:

"Entrepreneurship Development Programme on Skill Training"

The Women Studies Centre, organized with an Entrepreneurship Development Programme on "Skill Training" on 10th January 2019. The chief guest was **Ms.S.Suchitra Devi**, Director of EXIM, and Madurai. This programme aimed at training girl students who expressed their willingness for this skill training. Training programme was initiated with the welcome address by **Dr.T.Kala**, Director in-charge of Women studies centre. followed by the presidential address by **Rev.Fr.S.Basil Xavier, S.J.**, Principal of Arul Anandar College. The chief guest imparted the students with nearly five different types of skills which are of practical importance to the present day scenario. These skills will not only empower the girl students but also help them to improve their economic conditions. Finally the programme ended with vote of thanks by **Ms.A.Sahaya Josephine Mary**, Dean for women students.



1.5 Information and Dissemination

Establishment of Library and Documentation Centre

A library has been established as per the direction of the University Grants Commission at the Centre for Women's Studies in Arul Anandar College, from February 2010 onwards for the benefit of the students and the faculty. Around 10 regional and national journals have been subscribed and nearly 182 books on women's Studies to the tune of Rs.96, 200 are available for the benefit of the students. Besides, two dailies in Tamil and English (The Hindu Tamil & English) are subscribed for updating daily news. The Centre also displays the current issues related to women in notice board every day for the perusal of all in the college. The Centre documents the issues related to women from October 2009 till date.

1.6 Advocacy

As the Centre is in the initial stage of Phase One, it is yet to carry out programme of advocacy.

d. Future Thrust

- ✓ To give training programme on local governance for rural community.
- ✓ To organize Seminars in collaboration with other Departments.
- ✓ To introduce Certificate and Diploma Courses on Gender Studies.
- ✓ To conduct Health care Programme.
- ✓ To promote cooperation from the students to protect the girls from early marriage.
- ✓ To conduct competitions and programmes for Gender Champions.

5. Resources

5.1 People

Administrative Structure

S. No	Administrative Staff	Permanent / Temporary
1.	Principal & Chairman	Permanent
2.	Director	Permanent
3.	Standing Committee Members	Temporary
4.	Project cum Documentation Officer	Temporary
5.	Field Coordinator cum Computer Assistant	Temporary

4.4 Any Other

Awareness Programme on “Holistic Formation”

Women’s Studies Centre of Arul Anandar College conducted an awareness programme for girl students on “**Holistic Formation**” as per the academic agenda of programmes on **11th July 2018**. This programme was aimed at shaping the girl’s future in a commendable manner. The programme started with welcome address by **Ms.M.Pandeeswari** Director, Women's Studies Centre. The chief was guest **Ms.M.Priya Percy**, Director, Oasis Institute of Personal & Professional Development, Madurai. The programme was highlighted with the presidential address by **Rev. Dr. S. Basil Xavier, S.J.**, Principal of Arul Anandar College. The chief guest enlightened the girls by her enthralling speech combined with practical tips. Our students benefitted from this programme. The girl’s participation was lively which was evident from their interaction. **Ms. A. Sahaya Josephine Mary**, Dean for Women Students proposed the vote of thanks.



Awareness Programme on “Health and Wealth Tips”

Women’s Studies Centre of Arul Anandar College conducted an awareness programme for girl students on **25th July 2018** on **Health and Wealth Tips**. The chief aim of this programme was



to make of the girl students understand the importance of health. **Ms.M.Pandeeswari**, Director of Women’s Studies Centre welcomed the gathering. Following the welcome address **Rev.Dr. S.Basil Xavier, S.J.**, Principal delivered his presidential address. The chief guest was **Ms.Poornima Jeyasekaran**, Assistant Professor, Department of Food Science and Nutrition, the American College, Madurai. She awakened the minds and hearts of girls by differentiating Health & Wealth with practical day to day events. The programme finally ended with a formal vote of thanks **Ms. M.Swetha** of III B.Sc Mathematics by the girl student secretary.

Orientation Programme on “Web and Crime”

Women's Studies centre of Arul Anandar College, Karumathur conducted an orientation programme on "**Web and Crime**" on 7th August 2018 for the second year girl students of both shift I & Shift II of our college. **Ms.M.Pandeswari**, Director



Women's student centre of our college welcomed the gathering. **Rev.Fr.S.Basil Xavier, S.J.**, Principal presided over the programme. In his address, he shared some current issues faced by women students and he encouraged all the women be bold and face the challenges ahead.

Ms.S. Kowsalya, Inspector of Police, Vigilance Cell, Madurai was the resource person. She spoke on the topic web and crime. She cited cases of recent cybercrimes and suggested way in safeguarding oneself from such crimes. **Ms. K. Ramya**, Assistant Professor, Department of Commerce, Standing Committee Member of Women's Studies Centre proposed vote of thanks.

Awareness Programme on “Women and Law”

In the view of present day context, the Women Studies Centre organized an awareness programme for girl students on 24th August 2018 on the topic **Women and Law**. The participants

were girl students were selected for this programme of shift I & Shift II. The programme started with the Welcome note by **Ms.M.Pandeeswari**, Director, Women's Studies Centre. Presided our the function **Rev.Fr.S.Basil Xavier, S.J.**, Principal.

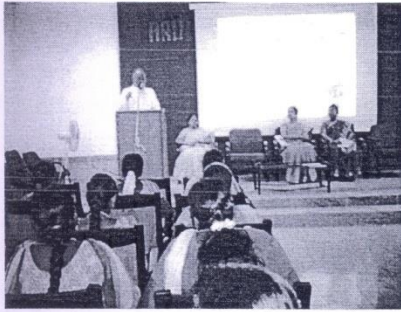
Ms.S.Anusha, Advocate, Madurai District court graced this



function and enriched the students with adequate knowledge on various acts and laws connected to women. **Ms.A.Sahaya Josephine Mary**, Dean for women students thanked the gathering.

Awareness Cum Counseling Programme on “Antenatal Care for Married Girls”

A one - day **Awareness cum Counseling Programme on Antenatal Care** s was organized by the **Women’s Studies Centre** and the **Dean for Women students** on **10th September 2018** for married girl students. Nearly 30 students got benefitted of the programme. **Dr. P.N. Jeyalakshmi**, Gynecologist, Government Hospital, Usilampatti. She spoke recent Gynecological Problems,



Prevention and curative medicine for those problems.

She create a awareness to safe delivery and child health.

Dr. S. Punitha, Assistant Medical Officer, Primary Health Centre, Elumalai was the resource person. In her

lecture, she enlightened the students on the important components of safe motherhood like premenstrual

syndrome, sanitation, diet during pregnancy and antenatal checkups. **Rev. Dr.S.Basil Xavier**, S.J.,

Principal and **Rev. Dr. S. Mani Valan**, S.J., Secretary felicitated the students. **A.Sahaya Josephine**

Mary, Dean - Women Students welcomed the gathering. **Ms.M.Pandeeswari**, Director, WSC proposed the vote of thanks.

Awareness Programme on “Four “H” For Women”

Women's Studies Centre of Arul Anandar College, Karumathur organized an Awareness Programme on **"FOUR “H” FOR WOMEN"** on **26th**

September 2018 for all the women staff members of our

college. **Ms.M.Pandeeswari**, Director, Women's Studies Centre

welcomed the gathering. **Rev.Dr.Basil Xavier S.J**, Principal in

his presidential address stressed on the importance of women's



health. As the women are the pillars of the family they need to take care of their health in a good

manner. **Mrs. P.Magdalene Virjini**, Assistant Professor, Research Centre of Home Science,

Fatima College, Madurai was the resource person.

She said that the right food taken at the right time in the right quantity promotes good health. She also advised the participants to be cautious of getting anemic and health issues concerning the same. The resource person for the second session was **Dr. Yazhini, MBBS**, Medical Officer, and RNTCP, Madurai. She spoke on the hygienic factors and created awareness among the participants on breast and uterus cancer. **Dr.C.Mabel Joshaline, Assistant Professor**, Department of RDS, proposed vote of thanks.

Organizes a guest lecture on “Human Anatomy”

Women's Studies Centre of Arul Anandar College, Karumathur Organized a Guest Lecture on "**Human Anatomy**" on **28th September 2018**. The



Programme started with the prayer song by the choir. **Ms.I.Juliet Shanthi**, Assistant Professor, Department of CSC, Standing Committee Member welcomed the gathering. **Mr.S.Murali Krishnan**, Senior Research Fellow, National Centre of Excellence (MHRD),

Thiagarajar College, Madurai explained the structure and functions of human anatomy and key factors to be considered related to women. **Ms. Ramya**, Assistant Professor, Department of Commerce, Standing Committee Member proposed vote of thanks.

A one day Motivational session on “Vision for Self”

A one - day **Motivational session on Vision for Self** was organized by the **Women’s Studies Centre** and the **Dean for Women students** on **5th October 2018** for all the girl students of **shift I and II**.

Ms. J. Komala, Director, Value Source HR Consulting Services, Chennai was the resource person. In her lecture, she guided the students in matters such as goal fixing and means of pursuing and achieving one’s dreams.



Ms.A.Sahaya Josephine Mary, Dean - Women Students welcomed the gathering.
Ms.M.Pandeeswari, Director, Women's Studies Centre, proposed the vote of thanks.

Organizes a Programme on “Reproductive Health Problems and Curative Medicines”

The Women's Studies Centre conducted a Programme on **11th October 2018** the topic was **“Reproductive Health Problems and Curative Medicines”**. The event commenced with



welcome address by **Ms.M.Pandeswari**, Director, Women's Studies Centre. Presidential address was delivered by **Rev.Fr.S.Basil Xavier, S.J.**, Principal. The chief guest was **Ms.S.Keerthana**, Programme Officer, Family Planning Association of India. She insisted on the common health issues for girls and suggested

methods of prevention which had more practical importance. Vote of thanks was proposed by **Ms.A.Sahaya Josephine Mary**, Dean for women students.

International Women’s Day Programme

Women’s Studies Centre observed the International Women’s Day on **8th March 2019**.
Ms. K.Balabharathi, Former Member of Legislative

Assembly graced the occasion as the chief guest. In her address, she spoke on the origin and history of observance of Women’s Day. She claimed that education is the real key for women’s independence. **Dr.R.Radhik Devi**, Director i/c, Women's Studies Centre, MKU, Madurai. She spoke economic



independence of women. She encouraged our students become a young entrepreneurs. She strongly propose economic freedom of women. **Dr. T.Kala**, Director in charge, Centre for Women’s Studies & Assistant Professor of History welcomed the gathering.

The presidential address was delivered by **Rev. Dr. S. Basil Xavier, S.J.**, Principal. He was proud that the number of girl students in the college has drastically increased in the recent years. **Rev. Dr. K. Amal, S.J.**, Rector offered his felicitation and blessed the gathering. He insisted on the idea that liberation of women can be achieved when there is an equal amount of contribution from both men and women. **Rev. Dr. S. Mani Valan, S.J.**, Secretary in his felicitation insisted the students to imbibe the qualities of courage and determination to fight against inequalities and subjugations citing examples from history. **Ms. A. Sahaya Josephine Mary**, Dean for Women Students proposed vote of thanks.

Paper Presentation in Seminar/ Workshop/ Conference

S.No	Name of the participation	Programme/ Seminar/Workshop /Conference/ Symposium	State level/ National level/Inter level/ Regional	Theme of the paper	place	Date
1.	M.Pandeeswari Director, WSC	-	-	Academic Audit as an External Expert	Madurai Kamaraj University Madurai	29.11.18

Participation in Seminar/Workshop/Conference

S.No	Name	Programme	Level	Paper Title	Sponsor	Place	Date
1.	C.Vasanthi	Workshop	State	Gender Mainstreaming	Arrupe Centre for Policy Research in collaboration with Commonwealth of learning	Arul Anandar Collage Karumathur	06 th and 07 April, 2018
2.	D.Vijaya lakshmi	Workshop	State	Gender Mainstreaming	Arrupe Centre for Policy Research in collaboration with Commonwealth of learning	Arul Anandar Collage Karumathur	06 th and 07 April, 2018



Name and Signature of Principal

PRINCIPAL
Arul Anandar College (Autonomous)
Karumathur-625 514, Madurai Dt.



Name and Signature of Director

DIRECTOR
CENTRE FOR WOMEN & STUDIES
ARUL ANANDAR COLLEGE (AUTONOMOUS)
KARUMATHUR - 625 514, MADURAI, DIST.

2017 – 2018



Gender Sensitization Action Plan

2017-2018

Arul Anandar College (Autonomous), Karumathur-625 514
Women's Studies Centre
(UGC Supported)



Action Plan

- To conduct awareness programmes on youth enrichment for first UG female students.
- To organize training programmes for Gender Champion's Club members.
- To motivate the female students towards active participation in politics.
- To sensitise the female students about their physiological and psychological health issues.
- To organize International Women's day.
- To develop the entrepreneurship skills among the female students.
- To promote active participation of female students in local governance.
- To raise awareness among the students about transgender.

Mode of execution

Conferences, workshops, guest lectures, counseling sessions and seminars.

S. H. R.
Director

Women's Studies Centre
DIRECTOR
WOMEN'S STUDIES CENTRE
ARUL ANANDAR COLLEGE (AUTONOMOUS)
KARUMATHUR-625 514, MADURAI DIST.

University Grants Commission
Women' Studies Centre
Approved under XII Plan
Report of the Activities carried out from
April 2017 to 2018

1. General Information

- 1.1 University : Madurai Kamaraj University
- 1.2 Centre : Women's Studies Centre
- 1.3 Address : Arul Anandar College, Karumathur – 625 514
Madurai, Tamil Nadu.
- 1.4 Date of Establishment : 10.10.2009
- 1.5 Phase Assigned : Phase One
- 1.6 Name of the Director : Ms. S. Henri Rita Mary

2. Programme

2.1 Objectives

- Organizing Seminars, Workshops.
- Organizing Certificate and Diploma Programmes for students, teachers and NGOs.
- Imparting periodical trainings to build the soft and technical skills & students and local women.
- Collaboration with other Institutions and NGO's.
- Conducting a filed action Project and after Project Publish Papers based on the experience.

2.2 Fulfillment

The Centre has carried out the above mentioned activities as per the directions of UGC to the maximum extent possible.

3. Details

3.1 Teaching

Non Major Elective Course

Women's Studies Centre offers a paper titled "**Introduction to Gender Studies**" under Non Major Elective compound under Choice Based Credit System to the II year Non Major Elective Students. The strength of the students attended the course is given below."

Category	No of Students opted for the course		
	Boys	Girls	Total
Aided	32	24	56
Self – Finance	41	25	66
Total	73	49	122

The Result of the examination of the same is as follows:

Category	Number of students appeared	Number of students Passed	Percentage
Aided	56	52	44
Self-Finance	66	60	73

3.2 Training

Programmes of Women's Studies Centre:

“Training for Tablueo on women Achievers”

Women's Studies Centre of Arul Anandar College, Karumathur organized a training Programme on “**Tablueo on Women Achievers**” on **26th February 2018** for the girls students of both Shift I & Shift II of our college.

Mrs.Ramya, explained the historical background of women achievers. She pointed out some of the women achievers like Indira Gandhi, Pratiba Patil, Savitribai Phule, Sarojini Naidu, Vijaya Lakshmi Pandit, Kalpana Chawla, Sarla Thakral, Bachendri Pal, Anna Chandy and Vasanthakumari.



She gave her ideas on tablueo slogans and costumes for Tablueo on International Women's Day. And also she requested the girls to follow some of the women achievers, in their lives so that they also achieve many things in their career.

One Day Training Programme on “Entrepreneurship Development”

The Centre for Women's Studies of Arul Anandar College, Karumathur, led a “**One Day Training programme on Entrepreneurship Development**” in collaboration with JJJ Millets based Cookies & Snacks, Madurai on **8th March 2018** for the girl students of our college. **Ms.S.Henri Rita Mary**, Director, Centre for Women's Studies gave the welcome address.



Rev.Dr.Basil Xavier,S.J., Principal of our college presided over the inaugural function. He appreciated the girl students for their interest to learn an art work and insisted they have to make use of this opportunity to become an entrepreneur in their future. He started that this programme is very meaningful and very one should realize the importance of learning by doing while they are staying in college.

Mrs. G.Nagalakshmi, Proprietor, JJJ Millets based Cookies & Snacks Madurai, outlined that the programmes and courses offered by to develop the interest of the students and help to use their talents in preparation of healthy foods for family and society.

1.5 Information and Dissemination

Establishment of Library and Documentation Centre

A library has been established as per the direction of the University Grants Commission at the Centre for Women's Studies in Arul Anandar College, from February 2010 onwards for the benefit of the students and the faculty. Around 10 regional and national journals have been subscribed and nearly 182 books on women's Studies to the tune of Rs.96, 200 are available for the benefit of the students. Besides, two dailies in Tamil and English (The Hindu Tamil & English) are subscribed for updating daily news. The Centre also displays the current issues related to women in notice board every day for the perusal of all in the college. The Centre documents the issues related to women from October 2009 till date.

1.6 Advocacy

As the Centre is in the initial stage of Phase One, it is yet to carry out programme of advocacy.

d. Future Thrust

- ✓ To give training programme on local governance for rural community.
- ✓ To organize Seminars in collaboration with other Departments.
- ✓ To introduce Certificate and Diploma Courses on Gender Studies.
- ✓ To conduct Health care Programme.
- ✓ To promote cooperation from the students to protect the girls from early marriage.
- ✓ To conduct competitions and programmes for Gender Champions.

Orientation Programme on “Role of Gender Champion's”

Women’s Studies Centre of our College Organized an Orientation Programme on **“Role of Gender Champions” on 31st August 2017** for **II and III** year Students of our college. **Ms.S.Henri Rita Mary**, Director, Women’s Studies Centre welcomed the gatherings.

This programme was presided over by **Dr.M. Joseph Selvaraj**, **Vice Principal** of our College. He insisted on the importance of the programmes which are made our girl students to have a good gender lens in their work.



Ms.I.Juliet Shanthi motivated the gender champions to actively participate in the activities of Gender Champion’s Club. She highlighted the important activities of gender champions guided by UGC. She encouraged the students to spare their time with social issues regarding gender and she made a point to the champions organize many activities to acquire more knowledge on human values and gender equality not only inside the college girls but also to the neighboring villages too.

Orientation Programme on “Women’s Participation in Politics”

Women’s Studies Centre of our College Organized an Orientation Programme on **“Women’s Participation in Politics” on 21st December 2017** for **I and II** year Students of our college. **Ms.S.Henri Rita Mary**, Director, Women’s Studies Centre gave a warm welcome to all participants.



This programme presided over by **Dr.S.Michael John Peter**, **Deputy Principal** of our College. In his felicitation he pointed out role of women in politics and how they can take a major role in developing our nation.

The keynote address was delivered by the Chief Guest **Ms.Valarmathi**, Student Cum Activist, from Periyar University. She spoke on the issues in current situation of politics & situational activities of politicians. She expressed the emotions which she and her team faced during the hydrocarbon protest and mentioned about the impact of protest and awareness created by them.

Organizing Programme on “Physiological and Psychological Health Issues Related to Girls”

Women’s Studies Centre of Arul Anandar College organized a programme on “**Physiological and Psychological Health issues related to Girls**” on **5th February 2018** for all the UG girl students on both Shift I & Shift II of our college. **Ms.S.Henri Rita Mary**, Director, Women’s Studies Centre gave the welcome address.

Rev.Dr.Basil Xavier, S.J, Principal, offered a felicitation insisting upon the importance of hygienic and health issues of girl students.

Dr.Ms.R.Amirtham M.Phil.,M.Acu.,MSW.,M.Sc., PGDVARMA.,PGDFRM.,BMLT., DYOGA., CACU Madurai, served as a resource person. She gave an excellent coverage to physiological and psychological health issues related to girls. She explained some examples on health issues of girls students. She also gave tips to healthy life of girls and women in our family.



International Women’s Day

International Women’s Day was commemorated at **Arul Anandar College, Karumathur** on **5th March, 2018**. **Mr. P. Samuthirakani**, an acclaimed Director cum Actor was the Chief Guest.

In his keynote address, he said that womanhood ought to be celebrated throughout the year and not just on **8th March**. He applauded the Jesuit Management’s initiative in admitting women students and there by opening the threshold for their empowerment. He further entreated the young women students to actively involve themselves in issues concerning women.



Rev. Dr. S. Basil Xavier, S.J., Principal in his presidential address invited the women students to emerge as confident and courageous women armoured to face the challenges in the patriarchal society.

Rev. Dr. Amal Kulandaisamy, S.J., Rector, **Rev. Dr. Mani Valan S.J.**, Secretary and **Dr.S. Michael John Peter**, Deputy Principal felicitated on the occasion.

The chief guest gave away the prizes and the certificates to the winners. Who came out successful in various competitions. **Dr M Joseph Selvaraj**, Vice Principal welcomed the gathering. **Ms. S.Abirami**, Dean of Women Students proposed the vote of thanks.

Organizing a Programme on Tablueo on Women Achievers

Women's Studies Centre of Arul Anandar College, Karumathur organized a Tablueo on **"Women Achievers"** on **5th March 2018** by the girls students both Shift I & Shift II of our college.

Prof.Ramya, and **Prof. Juliet Shanthi**, arranged tablueo on the women achievers like Indira Gandhi, Pratiba Patil, Savitribai Phule, Sarojini Naidu, Vijaya Lakshmi Pandit, Kalpana Chawla, Sarla Thakral, Bachendri Pal, Anna Chandy and Vasanthakumari.



Organizing an awareness programme on "Voice of the Voiceless"

Women's Studies Centre of Arul Anandar College, Karumathur arranged an Awareness Programme on **"Voice of the Voiceless"** on **27th March 2018** for the third year UG girls students both Shift I & Shift II of our college. **Mrs.Ramya**, Member, Women's Studies Centre of our college welcomed the gathering.

Rev.Dr.Basil Xavier S.J, principal offered presidential address. He pointed out, that a lot of changes made by the third gender on, education and placement. We should take care of them, their family and the nation.

Dr.M.Joseph Selvaraj, introduced the resource persons. Third Gender **Dr.Solu**, B.P.T. mentioned youth of our nation had initiated to get the recognition for third gender. Their team has shown the documentary film on third gender directed by **Mr.Aswin**. He pointed out that the society has to provide education and the society should respect them.



Organizes a Programme “Capacity Building of women in Local Governance”

Women’s Studies Centre of our College Organized an Orientation Programme on “Capacity Building of Women in Local Governance” on 2nd April 2018 for women in neighboring villages. Ms.S.Henri Rita Mary, the Director, Women’s Studies Centre gave a warm welcome to the participants.

Rev.Dr.Basil Xavier S.J, principal offered presidential address. He pointed out, there is the need for women in local Governance. He insisted the role of women governance activities in rural development.



Keynote address was delivered by Chief Guest Mr.Maheswaran, Programme Co-ordinator, Women Development Council, Madurai. He spoke on the issues in activities of women development council. And mention about many programmes organized by Council which are very helpful to women participants so as to enable them to participate in the local panchayat.

Name and Signature of Principal

PRINCIPAL
Arul Anandar College
Karumathur-625 514
Madurai Dt.

Name and Signature of Director

DIRECTOR
CENTRE FOR WOMEN'S STUDIES
ARUL ANANDAR COLLEGE (AUTONOMOUS)
KARUMATHUR - 625 514, MADURAI DIST.

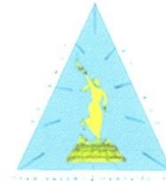
2016 - 2017



Gender Sensitization Action Plan

2016-2017

Arul Anandar College (Autonomous), Karumathur-625 514
Women's Studies Centre
(UGC Supported)



Action Plan

- To create awareness on youth enrichment for first UG female students.
- To conduct workshops on gender sensitization for second UG Students.
- To raise awareness on health care for Non Major Elective students.
- To organize an orientation programme for first UG students.
- To orient the women staff members on women's studies and gender studies.
- To provide entrepreneurial training for all female students of our college and rural women.
- To create awareness on legal rights among our female students.
- To conduct a state level seminar on gender equity.
- To organize International Women's day.

Mode of execution

Workshops, seminars, guest lectures, counseling sessions and conferences.

S.H.R
Director

Women's Studies Centre

DIRECTOR
WOMEN'S STUDIES CENTRE
ARUL ANANDAR COLLEGE (AUTONOMOUS)
KARUMATHUR-625 514, MADURAI DIST.

University Grants Commission
Centre for Women' Studies
Approved under XI Plan
Report of the Activities carried out from
April 2016 to 2017

1. General Information

- 1.1 University : Madurai Kamaraj University
- 1.2 Centre : Centre for Women's Studies
- 1.3 Address : Arul Anandar College, Karumathur – 625 514
Madurai, Tamil Nadu.
- 1.4 Date of Establishment : 10.10.2009
- 1.5 Phase Assigned : Phase One
- 1.6 Name of the Director : Ms. S. Henri Rita Mary

2. Programme

2.1 Objectives

- Organizing seminars, Workshops.
- Organizing Certificate and Diploma Programmes for students, teachers and NGOs.
- Conducting a filed action Project and after Project Publish Papers based on the experience.
- Collaboration with other Institutions and NGO's.
- Imparting periodical trainings to build the soft and technical skills & students and local women.

2.2 Fulfillment

The Centre has carried out the above mentioned activities as per the directions of UGC to the maximum extent possible.

3. Details

3.1 Teaching

Non Major Elective Course

The Centre for Women's Studies offers a paper titled "**Introduction to Gender Studies**" under Non Major Elective compound under Choice Based Credit System to the II year Non Major Elective Students. The strength of the students attended the course is given below.

Category	No of Students opted for the course		
	Boys	Girls	Total
Aided	52	14	66
Self – Finance	47	11	58
Total	99	25	124

The Result of the examination of the same is as follows:

Category	Number of students appeared	Number of students Passed	Percentage
Aided	66	57	86.36
Self-Finance	58	41	70.68

3.2 Training

Programmes of Women's Studies Centre:

Training Programme on “Entrepreneurship Development” for SHGs Members of Pullaneri Panchayat

Women's Studies Centre of Arul Anandar College conducted a **One day Training Programme on “Entrepreneurship Development”** on **19th October 2016** for Self Help Group members. Ms. S. Henri Rita Mary, Director of Women's Studies Centre welcomed the gathering. The presidential address was delivered by **Rev.Dr. Basil Xavier S.J.**, Principal of Arul Anandar College. In his address he expressed the need of entrepreneurial skills for women and he insisted the self help group women to make use of the opportunities which are available to them. **Ms. S.S. Suchitra Devi**, Director of Suchitra



EXIM was the Resource person for the training program. In her first session, she explained the important information about entrepreneurship such as process, financial assistance available to the entrepreneurs. Her second session dealt with the hands on training of handicraft items. 30 women members of various self help groups participated, in the hands on training of handicraft items.

Two Day Skill Training on “Entrepreneurship Development” Programme

Women's Studies Centre of Arul Anandar College Karumathur, organized a “**Two Day Skill Training on Entrepreneurship Development**” on **19th and 20th January 2017** for Second year girl Students.

The Presidential address was delivered by **Rev. Dr. Basil Xavier, S.J.**, Principal of Arul Anandar College, Karumathur, in which he insisted the need of social entrepreneurship and participation of Women. He encouraged the students to take up their own ventures in future.



Ms. M. Asha, Suchitra Exim, and **Ms. S. Mathanki**, Suchitra Exim, **Ms. A. Sundra Valli**, Suchitra Exim, were the resource persons for this training programme. **Ms. Asha** explained the process of entrepreneurship suitable to Women. She also shared her own life experiences.

4.5 Information and Dissemination

Establishment of Library and Documentation Centre

A library has been established as per the direction of the University Grants Commission at the Centre for Women's Studies in Arul Anandar College, from February 2010 onwards for the benefit of the students and the faculty. Around 10 regional and national journals have been subscribed and nearly 182 books on women's Studies to the tune of Rs.96, 200 are available for the benefit of the students. Besides, two dailies in Tamil and English (The Hindu Tamil & English) are subscribed for updating daily news. The Centre also displays the current issues related to women in notice board every day for the perusal of all in the college. The Centre documents the issues related to women from October 2009 till date.

4.6 Advocacy

As the Centre is in the initial stage of Phase One, it is yet to carry out programme of advocacy.

d. Future Thrust

- ✓ To give training programme on local governance for rural community.
- ✓ To organize Seminars in collaboration with other Departments.
- ✓ To introduce Certificate and Diploma Courses on Gender Studies.
- ✓ To conduct Health care Programme.
- ✓ To promote cooperation from the students to protect the girls from early marriage.

5. Resources

5.1 People

Administrative Structure

S. No	Administrative Staff	Permanent / Temporary
1.	Principal & Chairman	Permanent
2.	Director	Permanent
3.	Standing Committee Members	Temporary
4.	Project cum Documentation Officer	Temporary
5.	Field Coordinator cum Computer Assistant	Temporary

4.4 Any Other

Awareness Programme on “Youth Enrichment Programme”

Women's Studies Centre of Arul Anandar College, Karumathur organized an **Awareness programme on “Youth Enrichment”** on **25th July 2016** for the First year UG girl students both Shift I & Shift II of our college. Ms.S.Henri Rita Mary, Director, Women's Studies Centre of our college welcomed the gathering. **Rev.Dr.S.Basil Xavier, S.J.**, Principal, presided over the function. In his presidential address, he insisted upon the relevance of organizing such programmes and its



importance in youth's life. He also explained the importance of women's education in a poetic way.

Ms.M.Priya Percy, Director, Oasis Institute of Personal & Professional Development, Madurai delivered a Keynote address. She explained the concept of ‘Gender’ and current gender status in Indian society. She induced the student's awareness on declining male-female gender ratio in population. She also insisted that the students

should work hard to make career and to be independent. And also she suggested not to behave emotionally but rationally. Question-answer session followed by the lecture.

Orientation Programme on “Women and Media”

Women's Studies Centre of Arul Anandar College Karumathur, organized a programme on



“Women and Media” on **6th August 2016** for third year girl Students. **Rev. Dr. Basil Xavier, S.J.**, Principal of our College, presided over the programme. He specified the women issues and the status of women at current scenario. **Mr. Stephen Ignatius**, Associate Producer, Suryan FM, Madurai, highlighted the current trends in Media and issues faced by women. He stated how the women in Media

protect themselves from some issues, and pointed out some awareness which is open to them.

Awareness Programme on “Gender Sensitization”

Women’s Studies Centre of Arul Anandar College, Karumathur, organized an **Awareness Programme on “Gender Sensitization”** on 19th September 2016 for all the second year UG girl students of our college. **Rev.Dr.Basil Xavier, S.J.**, Principal, presided over the function. In his address he insisted on the importance of programme which are made the girl students have a good gender lens in their work place. **Ms.S.Keerthana**, Programme Officer, Family Planning Association of India- FPAI Madurai, focused the awareness on gender. She encouraged the students to spare their time with social issues regarding gender. **Ms.Celastin Bebina**, second year student proposed vote of thanks.



Awareness Programme on "Understanding of Human Rights and Women Rights”

Women’s Studies Centre of Arul Anandar College, Karumathur, organized an **“Awareness Programme on Understanding of Human Rights and Women Rights”** on 15th December 2016 for the first year girl students of our college. **Rev.Dr.Basil Xavier, S.J.**, Principal of our college presided over the function. He pointed out the current issues of human rights like staking. He encouraged the students with his inspirational talk on the importance of safety measures for girls from violence and staking.



Mr.Ganesan, People’s Watch, Madurai explained the basic human rights and women rights. He shared the experiences on violence on human rights in work places. He also gave live examples for social evil staking and tips to overcome the staking.

Awareness Programme on “Women and Law”

Women's Studies Centre of Arul Anandar College, Organized an Awareness Programme on **“Women and Law”** on 21st December 2016 for III year UG Girl Students of our College. **Rev.Dr. Basil Xavier S.J.**, Principal of Arul Anandar College, offered felicitation.

He pointed out about the law on staking by men and he further insisted the girl students to face the problems boldly. **Mr. T. Lajapathy Roy** B.A.B.L., Senior Advocate, Madurai Bench



of Madras High Court, was the Chief Guest of the day. He delivered his address on the important laws which are available to women. He clarified the doubts of our girl students. **Ms. S. Anusha**, B.A.B.L., Advocate, Madurai Bench of Madras High Court, Programme Organizer, National Legal Protection Council initiated the programme. Short film on “**Women Empowerment**” was

also screened to our girl students. **Dr. T. Kala**, Member of Women's Studies Centre proposed vote of thanks.

Awareness Programme on "Health and Nutrition"

The Women's Studies Centre and NSS of Arul Anandar College, Karumathur, collaboratively organized a programme on “**Awareness Programme on Health and Nutrition**”



on 10th January 2017 for the second year UG girl students of our college. **Mr. T. Manoj Prabakaran**, Programme Office of NSS led the programme. He spoke on the importance of health and food. **Ms. Poornima Jeyasekaran**, Assistant Medical Officer, Primary Health Centre, Elumalai was the guest speaker. She gave the outline about unhealthy food habits of the girls. She explained the impact of skipping breakfast and other meals to become slim.

She gave some tips to the girls to take nutritious food. **Ms. R. Ilavarasi**, Secretary, NSS of our college proposed vote of thanks.

Sensitization Programme on “Health and Nutrition”

Women's Studies Centre of Arul Anandar College, Karumathur, organized a **Sensitization Programme on “Health and Nutrition”** on 27th February 2017 for the girl students of Government Higher Secondary School, Checkkanoorani. Ms.S.Henri Rita Mary, Director, Women's Studies Centre welcomed the gathering. **Ms.P. Jerlin Rupa**, Vice Principal of our college offered felicitation. She pointed out malnutrition of our country and importance of nutritious food. **Ms.Rajeswari**, Assistant Head Mistress, Government Higher Secondary School, Checkkanoorani highlighted the health of girl students during examination.

Mrs.S.Kulanthai Theresa, Counselor & Programme Co-ordinator, Family Planning Association of India (FPAI) Madurai, was the guest speaker. She explained about nutritional food,



maintenance of healthy life and reproductive system of women. **Mr.Chakkaravarthy**, Programme Co-ordinator, Family Planning Association of India,(FPAI) Madurai, gave the outline on unhealthy food habits of the girls. He elucidated the impact of skipping breakfast. He suggested healthy wellbeing practices for their future.

“Women's Day Celebrations”

International Women’s Day was observed at Arul Anandar College, Karumathur on 08th March 2017, Wednesday. **Ms Thilaga Bama**, an acclaimed Tamil Poet and Novelist in her keynote address spoke on the need of rural women’s empowerment and emancipation in all spheres in particular politics. She entreated the young women students to actively involve themselves on issues concerning women. She further enlightened the audience with legal remedies for various sorts of harassments. **Rev. Dr. S. Basil Xavier, S.J.**, Principal in his presidential address invited the women students to emerge as confident and courageous women armored to face the challenges in the patriarchial society. As part of the Women’s Day Celebrations, an array of competitions like poster making, verse writing, elocution, street play and awareness songs on themes such as gender equity, women’s education, women and law, women in science, and women in politics were conducted.



Rev. Dr.Amal Kulandaisamy, S.J., Rector, **Rev. Dr. Albert William, S.J.**, Secretary and **Dr. I .Devanan**, Deputy Principal spoke on the occasion. The chief guest gave away the prizes and the certificates to the winners. The programme was organized by the **Women’s Association and Centre for Women’s Studies** of the college.

Orientation Programme on “Women and Crime”

Women's Studies Centre of Arul Anandar College, Karumathur, organized an Orientation Programme on “**Women and Crime**” on ^{20th} 28th March 2017 for the second year girl students both Shift I & Shift II of our college. **Rev.Dr. Albert William, S.J.**, the Secretary of Arul Anandar College, delivered special address. In his speech he shared some current issues faced by Women students and he insisted on courage and compassion among women.



Ms. S. Kowsalya, Inspector of Police, Vigilance Cell, Madurai served as a Resource person. She gave some of the real issues faced by women and she should the ways and means to overcome such issues. She made the students know the help lines which are available for them. The session ended with interaction by the students.

Orientation Programme on “Role of Gender Champions”

The Guest lecture began with the prayer song by **A. Abiya Russal & group**. **Ms. I. Juliet Shanthi**, Nodal Officer welcomed the gathering.

Rev. Dr. S.Basil Xavier, S.J., Principal delivered the presidential address. In his speech, he congratulated the members of Gender Champion Club for organizing various programmes in creating gender awareness. He further appealed to the students to achieve gender equity among themselves and in society where they live. The resource person



was **Ms.A.Sahaya Josephine Mary**, Assistant Professor, Department of English who spoke on “**Role of Gender Champions**”. The students got benefited by her informative and fruitful presentation. The session was more of interactive in nature.

Rev. Dr.S. Basil Xavier S.J., Principal issued the certificates to the members of the Gender Champion’s Club. The programme was concluded with a vote of thanks by **Mr. Jerome**, III Year Student, member of Gender Champion's Club.

Participation in Seminar/Workshop/Conference

Name	Programme	Level	Paper Title	Sponsor	Place	Date
S.Henri Rita Mary Asst.Prof. Director WSC, AAC	Workshop	Regional	Legal Awareness Programme on "Women Dignity and Legal Shields"	UGC National Commission of Women, New Delhi & the District Legal Services Authority, Madurai.	Lady Doak College Madurai.	17&18 February, 2017.
D.Vijiyalakshmi Field Coordinator WSC, AAC	Workshop	Regional	Legal Awareness Programme on "Women Dignity and Legal Shields"	UGC National Commission of Women, New Delhi & the District Legal Services Authority, Madurai.	Lady Doak College Madurai	17&18 February, 2017.

Participation of Gender Champions Members

Name	Programme	Level	Paper Title	Sponsor	Place	Date
K.Punitha	Tamil Debate	State	Nalla Pesunga Nallathe Pesunga	Kalaigar TV	Thiruparakundram	02.10.2016
O.Srividha	Workshop	Regional	Legal Awareness Programme on "Women Dignity and Legal Shields"	UGC National Commission of Women, New Delhi & the District Legal Services Authority, Madurai	Lady Doak College Madurai	17&18 February, 2017.

Participation of Gender Champions Members

Name	Programme	Level	Paper Title	Sponsor	Place	Date
K.Nandhini	Workshop	Regional	Legal Awareness Programme on "Women Dignity and Legal Shields"	UGC National Commission of Women, New Delhi & the District Legal Services Authority, Madurai	Lady Doak College Madurai	17&18 February, 2017.
M.Janci	Workshop	Regional	Legal Awareness Programme on "Women Dignity and Legal Shields"	UGC National Commission of Women, New Delhi & the District Legal Services Authority, Madurai	Lady Doak College Madurai	17&18 February, 2017.
K.Gowsalya Devi	Workshop	Regional	Legal Awareness Programme on "Women Dignity and Legal Shields"	UGC National Commission of Women, New Delhi & the District Legal Services Authority, Madurai	Lady Doak College Madurai	17&18 February, 2017.
K. Suganya	Workshop	Regional	Legal Awareness Programme on "Women Dignity and Legal Shields"	UGC National Commission of Women, New Delhi & the District Legal Services Authority, Madurai	Lady Doak College Madurai	17&18 February, 2017.

Name and Signature of Principal

PRINCIPAL
Arul Anandar College
 Karumathur-625 514, Madurai Dt.

Name and Signature of Director

DIRECTOR
 CENTRE FOR WOMEN'S STUDIES
 ARUL ANANDAR COLLEGE (AUTONOMOUS)
 KARUMATHUR - 625 514, MADURAI, DIST.