

Arul Anandar College

(Autonomous)

(Affiliated to Madurai Kamaraj University















**Reaccredited by NAAC at 'A' Grade with a CGPA of 3.66 & DST – FIST
Sponsored College)**



7.1.8 Describe the Institutional efforts/initiatives in providing an inclusive environment i.e., tolerance and harmony towards cultural, regional, linguistic, communal socioeconomic and Other diversities.

7.1.8. Supporting documents on the information provided

7.1.8 - INDEX

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ADMISSION POLICY

Website Link:

Admission Policy

ADMISSION COMMITTEE

8. Rev. Sr Dr Mary Lowrencia C	Asst Prof. English	Member
9. Dr Mabel Joshaline C	Asst Prof. RDS	Member
10. Dr Nivetha Martin	Asst Prof. Mathematics	Member
11. Mr Deva Prince S A	Asst Prof. Chemistry	Member
12. Ms Revathi P	HOD, FS&T	Member
13. Mr Kadher Farook R	Asst Prof. IT & M	Member
14. Ms Arockia Juliet P	Asst Prof. Commerce	Member

05. ACADEMIC AUDIT COMMITTEE

1. Rev. Dr Godwin Rufus SJ	Principal	Chairman
2. Dr Antony Singh Dhas D	Coordinator - IQAC	Convenor
3. Dr Shanmugaraju A	Dean - Academic	Member
4. Dr Sundararaj A	Deputy Principal (Shift II)	Member
5. Dr Arul Prasad S	Controller of Examinations	Member
6. Dr Ramkumar G	Asst Prof.	Member
7. Mr Michael Venish V	Asst Prof.	Member
8. Ms Virgin Arockiamary M	Asst Prof.	Member

06. FUND FOR IMPROVEMENT OF SCIENCE AND TECHNOLOGY : FIST - DST IMPLEMENTATION COMMITTEE

1. Rev. Dr Godwin Rufus SJ	Principal	Chairman
2. Dr Joseph Wilson K S	Asso. Prof.	Convenor
3. Rev. Dr Gilbert Camillus V SJ	Secretary	Member
4. Dr Shanmugaraju A	Dean - Academic	Member
5. Dr George Joseph M	Asso. Prof.	Member
6. Dr Xavier Adaikalaraj J	Asso. Prof.	Member
7. Dr Rayappan S	Asst Prof.	Member
8. Dr Malar Kannan S P	Asst Prof.	Member

07. ADMISSION COMMITTEE

1. Rev. Dr Godwin Rufus SJ	Principal	Chairman
2. Rev. Fr Jayaseelan S SJ	Co-ordinator-Dalit Students	Member
SHIFT I		
1. Rev. Dr Anbarasu M SJ	Vice Principal	Convenor
2. Dr Duraisingam A	Vice Principal	Member

3. Dr Gurusamy G	Dean - Students	Member
4. Mr Robert Dhiliban J	Dept of Maths	Member
5. Dr Nallathambi P	Asst Co-ordinator Dalit Students	Member
6. Ms Abirami S	Dept of RDS	Member
7. Dr Ganesh S	Dept of Tamil	Member
8. Dr Gilbert Rani M	Dept of Maths	Member
SHIFT II		
1. Dr Sundararaj A	Deputy Principal	Convenor
2. Rev. Fr Jayaseelan S SJ	Vice Principal	Member
3. Mr Keba Immanuel J	Vice Principal	Member
4. Dr Pradeepa I	Vice Principal	Member
5. Ms Ramya K	Dept. of Commerce	Member
6. Dr Arun Prasad S	Asst Co-ordinator Dalit Students	Member
7. Dr Muthu Kumar A	Dept. of Phy. Edu.	Member
8. Dr Manimegala S	Dept. of Tamil Lang. & Lit.	Member
9. Mr Manoj Prabakaran T	Dept. of Com. Sci.	Member
10. Ms Revathi P	Dept. of FST	Member
11. Dr Easuraja M	Dept. of Chemistry	Member

08. RESEARCH COUNCIL & ETHICS COMMITTEE

1. Rev. Dr Godwin Rufus SJ	Principal	Chairman
2. Dr Ambudoss Arvind	Dean - Research	Convenor
3. Dr George Joseph M	Asso. Prof. Philosophy	Member
4. Dr Valanarasu S	Asst Prof. Physics	Member
5. Dr Malar Kannan S P	Asst Prof. RDS	Member
6. Dr Nivetha Martin	Asst Prof. Maths	Member
7. Dr Mabel Joshaline C	Asst Prof. RDS	Member
8. Ms Ismail Fathima M	Scholar, Science	Member
9. Rev. Fr Lawrence	Scholar, Social Work	Member
10. Ms Amirtham R	Scholar, Social Work	Member

09. BRITTO PUBLISHING HOUSE

1. Rev. Dr Godwin Rufus SJ	Principal	Chairman
2. Dr Martin J	Asst Prof. History	Convenor
3. Dr Gurusamy G	Asst Prof. Tamil Lang. Lit.	Member

CURRICULUM

DEPARTMENT OF HUMAN EXCELLENCE

ARUL ANANDAR COLLEGE (AUTONOMOUS), KARUMATHUR – 625 514

(From June 2019 onwards)

DEPARTMENT OF HUMAN EXCELLENCE

ARUL ANANDAR COLLEGE (AUTONOMOUS) KARUMATHUR – 625514

FOUNDATION COURSES (From June 2020 onwards)

SEMESTER 1: PERSONALITY DEVELOPMENT

Class : I UG Part : IV

Semester : I Hours : 15

Sub. Code : 19UFCE11 Credits: 1

Title of the Paper : PERSONALITY DEVELOPMENT

Course Educational Objectives (CEO)

1. To elucidate the concept of personality and types of personality.
2. To familiarize the stages of personality and problems of personality.
3. To be aware of the significance of adolescence stage.
4. To identify other aspects in personality development.
5. To know the ways to develop the positive personality.

Five Units of the Syllabus

Unit	Content	No. of Hours
I	Introduction on Personality Concepts of Personality- Personality Determinants - Basic personality Traits – Raymond Cattle’s 16 personalities	3
II	Personality Analysis Maslow & Self-esteem, Self-consistency, Self-confidence, Self-efficacy, Self-assessment, Self-appraisal, Introspection of personality development Phase-I through questionnaire. (Brought in from earlier Unit III and IV to II)	3
III	Personality Development (It was earlier Unit II) Stages of Personality Development (highlight the stages only) - Problems of personality with examples – Changing your personality- Personality disorder. Emotional development- Dealing with difficult of Emotions.	3
IV	Adolescence Characteristics– Developmental Tasks -Mental & Cognitive Development – Mental and Health issues of adolescence - Adjustment in adolescence stage- Suicide risk assessment- Thinking – perception- Desire – Aim-Goals.	3
V	Other aspects of Personality (completely revised) Interpersonal relationship- Problem solving- Conflicts, anger and stress management (for adolescence) -Traits for building positive personality - Developing positive personality-Personality development and Academic Achievements	3

Book for Study:

- a. Hurlock, E.B (2006). Personality Development, 28th Reprint. New Delhi: Tata McGraw Hill

Book for Reference:

1. Hindle, Tim. Reducing Stress. Essential Manager Series. Dk Publishing, 2003
2. Mile, D.J Power of positive thinking. Delhi. Rohan Book Company, 2004
3. Smith, B. Body Language. Delhi: Rohan Book Company. 2004
4. A Woman's Guide to Personality Development: An Effective Self-Grooming Guide for Woman Paperback, V&S Publishers; Latest Revised Edition, 2014
5. Personality Development and Soft Skills, Oxford University Press; Second edition, 2016 ISBN-10: 9780199459742 ISBN-13: 978-0199459742; ASIN: 0199459746
6. 50 Mantra's of Personality Development, Buzzing stock Publishing House; 1st edition, 2013 ASIN: B00I47VVQ8

Teaching Learning Methods:

(PPT, GD, Seminar, Brain Storming, Case Study, Assignments etc.)

Course Outcome (CO)

1. Preparing the students to know the basic concepts of Personality.
2. Developing knowledge about Stages of Personality Development.
3. Understand the concept of adolescence, stages and issues.
4. Developing the skills to problem-solving in the adolescence stage.
5. Developing the knowledge about positive personality.

Course Outcome Level (Preferable one for each objective)

- | | | |
|-----|---|-----------------------------|
| CO1 | - | K1 (Knowledge) |
| CO2 | - | K2 (Understanding) |
| CO3 | - | K3 (Application) |
| CO4 | - | K4 (Analysis) |
| CO5 | - | K5 (Synthesis & Evaluation) |

DEPARTMENT OF HUMAN EXCELLENCE
ARUL ANANDAR COLLEGE (AUTONOMOUS) KARUMATHUR – 625514
FOUNDATION COURSES (From June 2020 onwards)
SEMESTER II: SOCIAL RESPONSIBILITY AND GLOBAL CITIZENSHIP

Class	: I UG	Part	: IV
Semester	: II	Hours	: 15
Subject Code	: 19UFCH22	Credits	: 1

Course Educational Objectives:

- To enable the students grow in critical thinking.
- To inspire the students become ‘transformers’.
- To help the students become aware of their rights and duties.
- To help boys and girls grow with mutual admiration and affection.
- To expose the students to the world of pluralism and promote peace and harmony.

UNIT – I Social Justice and Human Rights (from earlier Unit III to I) 1 (3 Hours)

Bases for Human Rights, Universal Declaration of Human Rights,
Protection of Rights of Women, Children, Dalits and Tribals

UNIT – II Youth: As the Agents of Social Transformation (3 Hours)

Greta Thunberg, Malala Yousafzai, Nanthini, Valarmathi

UNIT – III Gender Bias and Equal Treatment (from earlier Unit IV to III) (3 Hours)

Status of Women in the world and India, Images about and Attitudes to Women,
Violence against Women

UNIT – IV Social Media and its Impacts (3 Hours)

Social Media Past & Present - Social Media Giants: Facebook, Twitter, LinkedIn
-Outcasts of Social Media: Blogs, Videos, Wikis - Impact of Social Media on
academics, professions and society in general.

UNIT – V Responsible Citizen and Becoming a Global Citizen (3 Hours)

Rights, Duties, and Responsibilities, Crossing the boundaries (of caste, creed,
language, region, etc.), Global ethics

Reference:

1. Human Rights Law and Gender Justice, Mary Scaria, Media House, Delhi, 2007
2. Human Rights in India: Historical, Social and Political Perspectives, Oxford University Press; Edition, 2002 ISBN-10: 0195661710; ISBN-13: 978-0195661712
3. Women and Child Trafficking in India: A Human Right Perspective, Akansha Publishing; 1 edition, 2010 ISBN-10: 8183702538; ISBN-13: 978-8183702539
4. Human Rights in India: Issues and Concerns, 2015 ISBN-10: 9789350741955; ISBN-13: 978-9350741955; ASIN: 9350741954
5. Human Rights & Criminal Justice System In India, Bharti Publications; 1st, New edition, 2019 ISBN-10: 9386608928; ISBN-13: 978-9386608925

Teaching and learning methods

- Lecture
- Digital Presentation
- Brainstorming
- Group Discussion
- Newspaper Reading

Course Outcome

SL.NO	COURSE OUTCOME	KNOWLEDGE LEVEL (Bloom's Taxonomy)
CO₁	Identification of unifying and dividing forces in the Indian Societies	K₁
CO₂	Illustrating the agents of social transformation	K₁
CO₃	Awareness about the Human Rights for vulnerable groups	K₂
CO₄	Assess the violence against women and their status	K₃
CO₅	Capability to identify rights and duties of a responsible citizen	K₄

K₁= Knowledge, **K₂**= Understanding, **K₃**= Application, **K₄**= Analysis and **K₅**= Synthesis

DEPARTMENT OF HUMAN EXCELLENCE
ARUL ANANDAR COLLEGE (AUTONOMOUS) KARUMATHUR – 625514
FOUNDATION COURSES (From June 2020 onwards)
SEMESTER IV: RELIGIOUS LITERACY AND PEACE ETHICS

Class	: II UG	Part	: IV
Semester	: IV	Hours	: 15
Subject Code	: 19UFCH44	Credits	: 1

Course Educational Objectives:

- To understand the meaning of religion and our rich religious experiences
- To appreciate the positive value of religions in individual, family, and social life
- To know how religions could be a positive force to transform life and environment
- To understand how religions go with various aspects of life in society
- To know how religions could bring about a New Order of Understanding and Peace

UNIT – I UNDERSTANDING RELIGIONS (3 Hours)

Defining Religion – Religion's link to the individual and society: Need for Religion, Religion as a Positive and Negative force – How Religion is related to other disciplines: Psychology, Sociology, Economics, Politics – Various expressions of Religion: Prayer, Worship, and Devotion, Art forms (Music & dance, Art and Sculpture, Architecture, Religious Literature including Scriptures) (Example of a Temple, a Church, and a Mosque) – Basic categories of Religion: Animism, Monotheism, and Polytheism

UNIT – II UNDERSTANDING RELIGIOUS EXPERIENCES (3 Hours)

Describing one's Religious Experiences (Examples of Religious Experiences in practical life such as during pilgrimages, fasting and prayer, worship, meditation, vows/Nerchi, healing, etc.) – Variety of Religious Experiences: Devotional, Spiritual, Transcendental, and Mystical (varies with religious traditions) – Understanding Religious Experiences (rationality & authenticity)

UNIT – III RELIGIONS AS A VITAL FORCE IN PERSONAL AND SOCIAL LIFE **(3 Hours)**

Religions as a vital force: Meaning-giving force, motivating force, Guiding-force, Transforming-force, Prophetic-force, Way-of-Life (Students could share how one's religion becomes meaningful to oneself and society; they could also interview their class) – Positive role of Religion lived by religious figures (like saints and sages from various religious traditions like Sri Ramakrishna, Kabir, Guru Nanak, Prophet Mohammed, Francis of Assisi, Ignatius of Loyola)

UNIT – IV RELIGIONS AND PUBLIC LIFE **(3 Hours)**

How does Religion address human and environmental problems: Poverty, Discrimination, Disharmony, Gender-bias, Protection of nature and the environment (Students could study prominent Indian social and political leaders and reformers like Gandhi, Ambedkar, Periyar, Narayana Guru, and so on)

UNIT – V RELIGIONS AND PEACE ETHICS **(3 Hours)**

Purpose of Religions: Fulfillment, Peace, Motivation, Discipline, Harmony – Religions in Conflict: Reasons for Conflict (Truth-claim, Fundamentalism, Pluralism, Mix of Politics and Religion, etc.) – Religions in Harmony: Enlisting the Values and Ideals of harmonious life in society, Commonality in All Religions (Students can share on “What sort of society MY religion wants to project?”) – Indian Constitutional Safeguards for ensuring Harmony and Peace in public life – Interreligious Dialogue to promote understanding and harmony in life (Students could visit different sacred places and/or families, interreligious prayer gathering, etc. and share their experiences)

(Note: We realize that the portion is heavy and cannot be covered on time. We shall highlight what is really necessary.)

Text Book

1. Masih, Y: A Comparative Study of Religions, Motilal Banarsidass Publishers, New Delhi, 1990

Reference:

1. Vincent Sekhar SJ: Let us Stand up for Prayer – Sacred Texts that Shape Perspectives, Joint publication by IDCR – Institute of Dialogue with Cultures and Religions, Loyola College, Chennai, and Claretian Publications, Bangalore, 2016
2. Vincent Sekhar SJ: Practice of Interreligious Dialogue - A Formation Manual of Education and Training of Clergy and Religious, Claretian Publications, Bangalore, 2006 (ISBN: 81-87804-96-3)
3. Joel Beversluis (Ed.): Sourcebook of the World's Religions: An Interfaith Guide to Religion and Spirituality, New World Library, CA, 2000 Third Edition
4. Vincent Sekhar SJ: Quest for Harmony – An Anthology of Religions in Dialogue, Claretian Publications, Bangalore, 2002 (ISBN: 81-87804-15-7)

Teaching and learning methods

- Lectures
- ICT and related Exercises
- Power point Presentation
- Debate
- Skit Competition

Course Outcome

SL.NO	COURSE OUTCOME	KNOWLEDGE LEVEL (Bloom's Taxonomy)
CO₁	Listing the religious believers of our life	K₁
CO₂	Trace the need for religion in contemporary world	K₂
CO₃	Differentiate the meaning and enhancement of religion	K₃
CO₄	Analyse the religion in various aspects of life	K₄
CO₅	Evaluating the religious conflict and harmony	K₄

K₁= Knowledge, **K₂**= Understanding, **K₃**= Application, **K₄**= Analysis and **K₅**= Synthesis

DEPARTMENT OF HUMAN EXCELLENCE
ARUL ANANDAR COLLEGE (AUTONOMOUS) KARUMATHUR – 625514

FOUNDATION COURSES

Class	: II B.A. Philosophy	Part	: IV Foundation Courses
Semester	: IV	Hours	: 15
Code	: 19UFCG44	Credits	: 01

FAITH AND REASON

(Students admitted from 2018 onwards)

Course Specific Objectives (CSO)

The course aims to enable the students to:

- make students learn fundamentals of the faith as a member of the Catholic Church and to evaluate them in the light of reason
- foster Christocentric conception of intellectual enquiry
- promote reasonable faith in the revelation of God, sacraments and in the traditions of the Church

Unit 1: Revelation of God's Wisdom and Faith in Church and Sacraments

- A) God's revelation in Jesus, Sacred Scriptures and Apostolic tradition – The Church as people of God and body of Christ – Church's hierarchical constitution – The marks of the Church
- B) Reason before the mystery

Unit 2: Credo Ut Intellegam and Intellego Ut Credam

- A) Wisdom knows and understands all – Acquiring wisdom and understanding
- B) Journeying in search of truth – The differences of human truth

Unit 3: The Relationship between Faith and Reason

Fides Et Ratio : Pope John Paul II - Important moments in the encounter of faith and reason - The thought of Saint Thomas Aquinas - The drama of the separation of faith and reason

Unit 4: The Magisterium's Interventions in Philosophical Matters

The Magisterium's discernment as diakonia of the truth - The Church's interest in philosophy

Unit 5: Interaction between Philosophy and Theology and Current Requirements and Tasks

- A) The knowledge of faith and the demands of philosophical reason - Different stances of philosophy
- B) The indispensable requirements of the word of God - Current tasks for theology

Books for Study

1. Pope John Paul II., *Fides Et Ratio* Encyclical/on the Relationship Between Faith And Reason
2. *The Holy Bible* Revised Standard Version containing Old and New Testaments Catholic Edition for India
3. *Catechism of the Catholic Church* (Theological Publications in India for the Catholic Hierarchy of India, 1994)

Teaching and Learning Methods

- Lectures
- Power point presentation
- Student's personal reading and assignment
- Class discussions

Course Outcome

At the end of the course the student will be able to

- be familiar with Christian revelation in the light of reason
- grasp the complementarity between faith and reason and understand that faith supports reason and vice versa
- apply reason in all that he/she will have to believe and be reasonable in his/her faith
- avoid all that are not reasonable and superstitious

DEPARTMENT OF HUMAN EXCELLENCE
ARUL ANANDAR COLLEGE (AUTONOMOUS), KARUMATHUR – 625 514

SEMESTER II: SELF-DEVELOPMENT SKILLS

(For those who joined in June 2020-21 onwards)

Class	: I UG (All Branches)	Part	: IV
Semester	: II	Hours	: 15
Subject Code	: 19USSI16	Credits:	

Objective:

- To import the knowledge of introspection
- To imbibe Self-confidence and Self-esteem
- To introduce the concept of Self compassion
- To find the predominant role of attitude on behaviour
- To handle attitudes along with different ambience

UNIT 1 : (3 Hrs)

Self-Awareness & Self-Acceptance

Self-Awareness Concept of self-awareness-Benefits of self-awareness-Tips to increase the self-awareness-Mindfulness Exercises-Self-Acceptance: Definition of self-acceptance-Stages of self-acceptance-Cultivation of self-acceptance-Role play for self-acceptance.

UNIT 2 : (3 Hrs)

Self-Confidence & Self-Esteem

Self-Confidence: Definition-Self-confidence and self-efficacy-Importance of self-confidence-Steps to boost self-confidence-Exercises for self-confidence-Self-esteem: What is self-esteem? - Characteristics of self-esteem-Benefits of healthy self-esteem-Cost of low self-esteem-Measuring self-esteem.

UNIT 3:**(3 Hrs)*****Self-Assessment & Evaluation***

The meaning of Assessment & Evaluation in a work place – Evaluation of Oneself: employing methods like Johari Window, SWOT analysis, etc. – Areas of Assessment/Evaluation: personal (Assets and Liabilities, the happiness quotient), academic (Commissions & Omissions), and social (One's relationships with peer group, mentors, family, and elders)

UNIT 3 :**(3 Hrs)*****Self-Compassion***

The meaning of self-compassion-Difference between self-compassion and self-pity-Advantages of self-compassion-Powerful steps to develop self-compassion-Scaling your self-compassion-Meta meditation for compassion-Exercises for self-compassion

UNIT 4 :**(3 Hrs)*****Attitudes***

Concept of attitude-Affective, behavioral, cognitive components of attitude-Importance of attitude-Characteristics of attitude-Internal and external factors affecting attitude-Influence of attitudes on behaviors and behavioral patterns-Case studies.

UNIT 5 :**(3 Hrs)*****Managing Attitudes***

Types of attitudes-Power of positive attitude-Techniques to develop positive attitude-Positive and negative attitudes-Forms of negative attitude-Handling negative attitudes-Transforming negative attitudes-Right Attitude-Exercises to identify the attitudes.

References:

1. Thamburaj, Francis: Personal Soft Skills for Professional Excellence, Vijay Nicole Publication, Chennai, 2019 ISBN : 978-81-8209-550-3
2. Gopalswamy, Ramesh and Ramesh Mahadevan: The Ace of Soft Skills Attitude,

Communication, and Etiquette for Success, Pearson Education, India, 2010
ISBN:9788131732854, 8131732851

3. Thamburaj, Francis: Journey from Excellence to Godliness: Zen Meditation for Transformation, Grace Publication, Tiruchirappalli, 2017

Teaching Learning Methods:

Lecture Method, ICT, Assignment, Quiz, Group Discussion

On completion of this course the students will be able to

Course Outcome No.	Course Outcome	Knowledge Level
CO1	Give an Attention on their self-awareness	K1
CO2	Summarize the self-confidence and self esteem	K2
CO3	Estimate the concept of self-compassion	K1
CO4	Identify the intricacy of attitudes	K1
CO5	Manage their own attitude	K2

K1 = Remember, K2 = Understand, K3 = Apply, K4 = Analyze K5 = Evaluate K6 Create

Mapping Course outcome with

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8
CO1	3				2			
CO2	3				2			
CO3	3				2			
CO4	3				2			
CO5	3				2			

DEPARTMENT OF HUMAN EXCELLENCE
ARUL ANANDAR COLLEGE (AUTONOMOUS), KARUMATHUR – 625 514

SEMESTER III: EMOTIONAL & MOTIVATIONAL SKILLS

(For those who joined in June 2020-21 onwards)

Class : II UG (All Branches)

Part : IV

Semester : III

Hours : 15

Subject Code : 19USSI16

Credits:

Objective:

- To enable the students to distinguish emotions from feelings and to describe emotional intelligence. /To introduce the different feelings and emotions
- To aid the stakeholders to be able to identify the various models of Emotional Intelligence.
- To assist the novice to basic emotional management.
- To acquire a profound knowledge of motivational skills. / To familiarize the motivational skills
- To make the students elucidate the perseverance skill. /To motivate the perseverance skill

UNIT 1: (3 Hrs)

Emotional Intelligence Skills

Meaning of emotion-Difference between feelings and emotions-Components of emotions-Emotional Intelligence-Importance of emotional quotient-Different types of emotional intelligence skills.

UNIT 2: (3Hrs)

Models of Emotional Intelligence

Ability based emotional intelligence model-Trait based emotional intelligence model-Mixed emotional intelligence model-Tips to improve emotional intelligence-Exercise to know emotional intelligence.

UNIT 3: (3 Hrs)

Managing Basic Emotions

Fear Management: Concept and causes of fear-Phobias-Ways to overcome fear-Anger Management: Handling Anger-Styles of anger-Tips to tame temper-SadnessManagement: Roots of sadness-Ways to overcome sadness.

UNIT 4: (3 Hrs)

Motivational Skills

Elements of motivation-Types of motivation-Importance of motivation-Theories of Motivation: Instinct theory, Arousal theory, Hierarchy of needs theory, Incentive theory, Logo theory-Motivational skills to develop-Ways to stay motivated.

UNIT 5: (3 Hrs)

Goal Setting and Perseverance Skills

Goal Setting: Importance of goal setting-Dimensions of goal-Process of setting goal-SMARTER way of setting goal-Perseverance: Exact meaning of perseverance-Importance of perseverance-Tips to develop perseverance.

References:

1. Thamburaj, Francis: Personal Soft Skills for Professional Excellence, Vijay Nicole Publication, Chennai, 2019 ISBN : 978-81-8209-550-3
2. Alex.K: Soft Skills: Know Yourself and Know the World, S.Chand Publishing, India, 2012 ISBN:9788121931922, 8121931924
3. Alphonse, Xavier: We Shall Overcome: A Text Book on Life Coping Skills, ICRDCE Publication, Chennai, 2008

Teaching Learning Methods:

- Lecture Method, ICT, Assignment, Quiz, Group Discussion

On completion of this course the students will be able to

Course Outcome	Course Outcome	Knowledge Level
CO1	Extricate emotions from feelings and describe emotional intelligence. /Manage the emotions in positive way	K3
CO2	Identify the models of Emotional Intelligence/ exercise the Emotional Intelligence	K3
CO3	Regulate the negatives emotions.	K3
CO4	motivate towards the desired objects	K3
CO5	Set and march forward to the goals.	K3

K1 = Remember, K2 = Understand, K3 = Apply, K4 = Analyze K5 = Evaluate K6 Create

Mapping Course outcome with

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8
CO1	3				2			
CO2	3				2			
CO3	3				2			
CO4	3				2			
CO5	3				2			

DEPARTMENT OF HUMAN EXCELLENCE
ARUL ANANDAR COLLEGE (AUTONOMOUS), KARUMATHUR – 625 514

SEMESTER IV: STRESS & TIME MANAGEMENT SKILLS

(For those who joined in June 2020-21 onwards)

Class	: II UG (All Branches)	Part	: IV
Semester	: IV	Hours	: 15
Subject Code	: 19USSI16	Credits	:

Objective:

- To describe the concept of stress in the various domain
- To explore the correlation between Stress and Health
- To familiarize the techniques to manage stress
- To acquire the knowledge of Time Management skills
- To get the skills to manage time

UNIT 1: (3 Hrs)

The World of Stress

Explanation of stress-Symptoms of stress: Physiological, Behavioral, Cognitive, Emotional-
Types of stress: Eustress, Distress-Positive and negative stressors-Different causes of stress:
Occupational causes, Internal, Behavioral causes.

UNIT 2: (3 Hrs)

Stress and Health

Various myths about stress-Stress management and health-Mental impacts of stress-Emotional
bearings of stress-Health benefits of managing the stress-Tools and techniques to cope with the
workload.

UNIT 3:**(3 Hrs)*****Stress Management***

Strategies for stress management-SPARKLES formula to reduce stress-Stress Busters-Practicing stress busters-Cultivating mindfulness in daily life-Body scanning technique-Silencing body through yoga asanas.

UNIT 4:**(3 Hrs)*****Time Management Skills***

Concept of time management-Importance of time management-Benefits of time management-Skills for time management: Setting goals, Effective planning, Self-awareness, Self-motivation, Decision making, Delegation of responsibilities, Guarding against time-stealers

UNIT 5:**(3 Hrs)*****Art of Time Management***

Paradoxes of time management-Fallacies of time-Symptoms of poor time management-Strategies for time management-Eisenhower matrix to manage task avalanches-Tips to improve time management.

References:**Teaching Learning Methods:**

- Lecture Method, ICT, Assignment, Quiz, Group Discussion, Brain Storming Session,

On completion of this course the students will be able to

Course Outcome No.	Course Outcome	Knowledge Level
CO1	Describe the concept of Stress	K1
CO2	Identify the effects of stress in their health	K2
CO3	Resolve the stress related problems	K2
CO4	Describe the time management skill as a practical skill	K1
CO5	Manage the time in a correct sense as a habitual action	K3

K1 = Remember, K2 = Understand, K3 = Apply, K4 = Analyze K5 = Evaluate K6 Create

Mapping Course outcome with

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8
CO1	3		2		2			
CO2	3		2		2			
CO3	3		2		2			
CO4	3		2		2			
CO5	3		2		2			

DEPARTMENT OF HUMAN EXCELLENCE
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SEMESTER VI: LEADERSHIP & TEAM BUILDING SKILLS

(For those who joined in June 2019 onwards)

Class	: III UG (All Branches)	Part	: IV
Semester	: VI	Hours	: 15
Subject Code	: 19USSI16	Credits	:

Objective:

- To introduce basic concepts of leadership and its various types
- To describe leadership styles and to highlight some of them
- To discuss the need for team-work and to elucidate the art of team work
- To build team spirit towards achieving the goal and the importance of different roles
- To learn the strategies in managing and developing team dynamics

UNIT 1: (3 Hrs)

Leadership

Who is a leader? - Difference between leadership and Management-Functions of leadership-Importance of leadership-Myths about leadership-Effective leadership techniques-Tips to improve leadership

UNIT 2: (3 Hrs)

Leadership Styles

Traditional Leadership Styles: Democratic, Autocratic, Bureaucratic, Laissez-Faire, Transactional, Strategic, and Visionary, -Emerging Leadership Styles: Charismatic, Transformational, Steward, Zen-Leadership style test

UNIT 3:**(3 Hrs)*****Teamwork***

Concept of a team-Difference between a team and a group-Definition and meaning teamwork-Importance of teamwork-Benefits of teamwork-Types of teamwork skills-Qualities of good team player-Keys to successful teamwork

UNIT 4:**(3 Hrs)*****Team Building***

-Characteristics of a team-Team Building-Basics of team building-The big five factor of effective team-Enhancing Team commitment-The secret of building a winning team-Tips for team building-Team building exercises

UNIT 5:**(3 Hrs)*****Team Dynamics***

Method of recognizing team dynamics-Constructive management of team dynamics-Team islands: Concept, Causes, and Guiding principles to tackle-Sixteen Team Complexes-Dealing with Apollo Syndrome-Seven patterns of team ineffectiveness-Turning around a failed team.

References:

1. Thamburaj, Francis: Inter-Personal Soft Skills for Professional Excellence, Vijay Nicole Publication, In Print, Chennai, 2019
2. Francis, Peter: Soft Skills and Professional Communication, Tata McGraw Hill Publication, New Delhi, 2012 ISBN-13:9780071078115 \
3. Alphonse, Xavier: We Shall Overcome: A Text Book on Life Coping Skills, ICRDCE Publication, Chennai, 2008

Teaching - Learning Methods:

- Lecture Method, ICT, Assignment, Quiz, Group Discussion, Brain Storming activities.

On completion of this course the students will be able to

Course Outcome No.	Course Outcome	Knowledge Level
CO1	Understand the basic concepts of leadership.	K1
CO2	Distinguish among various Leadership styles.	K3
CO3	Cooperative with the team members	K2
CO4	Build the team	K2
CO5	Assess the roles and behavioral impact of team/ Lead their team mates in appropriate manner.	K2

K1 = Remember, K2 = Understand, K3 = Apply, K4 = Analyze K5 = Evaluate K6 Create

Mapping Course outcome with

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8
CO1	3		3		2			
CO2	3		3		2			
CO3	3		3		2			
CO4	3		3		2			
CO5	3		3		2			

DEPARTMENT OF HUMAN EXCELLENCE

ARUL ANANDAR COLLEGE (AUTONOMOUS), KARUMATHUR – 625 514

Class : I PG

Part :

Semester : II

Hours : 2 + 2 (Per week)

Sub. Code : 20PLFS12

Credits: 02

LIFE SKILLS TRAINING

Course Educational Objectives (OBEs)

1. To construct positive self-identity
2. To impart the strategies of self-motivation and time management
3. To establish the best qualities of leadership
4. To develop different aspects of life coping skills
5. To instill the morals and human values

INSIDE THE CLASS HOURS (2 HOURS PER WEEK)

Unit – I: Constructing Identity

Self-Image – Understanding self-image – self acceptance. **Self-development** – Perception, attitude, and behavioural change, developing a healthy and balance personality. **Self-confidence** – Power of belief – positive thinking – optimizing confidence.

Unit – II: Capacity Building

Motivation – Definition, factors that affect motivation, strategies to keep motivated, motivational plan. **Time management skills** – Overcoming procrastination, assessing and planning weekly schedule, challenges, consequences of poor time management, control of interruption and distractions.

Unit – III: Leadership Skills

Leadership – Different styles, their utilities and functions. **Leadership Qualities** – Listening skills – Communication skills — Delegation skills – Decision making skills - Executive skills.

Unit – IV: Life Coping Skills

Definition of life coping skills – Types of coping skills – Emotional Intelligence - **Stress management** – Definition of stress, techniques to reduce stress, and crisis intervention steps.

Problem solving approaches and strategies – Creative problem solving, application of SMART analysis and barriers to problem solving.

Unit – V: Social Skills

Social Etiquettes - Self-Management – Self-Awareness – Social Awareness – Relationship skills – Application of Johari Window model.

OUTSIDE THE CLASS HOURS (2 HOURS PER WEEK)

S. No.	MODULE - I COMPETENCE BUILDING	MODULE - II CAREER ORIENTED TRAINING
1	Emotional Intelligence	Creative Writing
2	Positive Self-Image	Group Discussion and Articulation
3	Problem Solving	Job Interview
4	Stress Management	Presentation Skill
5	Time Management	Team Building and Teamwork

- Every student should select either of the modules mentioned above and underdo the required practical training.
- They have to undergo 2 hours training per week on the selected module.

Book for Study

Wadkar, Alka, ‘Life Skills for Success’, SAGE Publications India Pvt. Ltd., New Delhi, 2019.

Books for Reference

Carnegie, Dale, ‘The Leader in You’, Prabhat Prakashan, New Delhi, 2018.

Fritz, Roger, ‘The Power of a Positive Attitude’, Fingerprint Publishing, New Delhi, 2019.

Reeve, Johnmarshall, 'Understanding Motivation and Emotion', Wiley, New Jersey, 2017.

Scot, S.J. and Barrie Davenport, 'Declutter Your Mind' CreateSpace Independent Publishing Platform, California, 2016.

Wendler, Daniel, 'Improve Your Social Skills', CreateSpace Independent Publishing Platform, California, 2014.

Teaching Learning Methodologies

- Case Studies
- Field Exposure
- Group Activities
- PowerPoint Presentation
- Project
- Short Films
- Workshop and Training

Course Outcomes (COs)

S. No.	Course Outcome At the end of the course, the students will	Knowledge Level (Bloom's Taxonomy)
CO1	Take efforts to tackle any difficult situation with a positive outlook	K3
CO2	Efficiently accomplish the tasks through effectively utilizing their time	K3
CO3	Apply the skills of leadership in teamwork and work tasks	K3
CO4	Balance their work and life with the effective management of work-related issues	K3
CO5	Comprehend their role in society and use the social skills in developing healthy relationship.	K3

K1= Remember, K2= Understand, K3= Apply, K4= Analyze, K5 = Evaluate, K6 = Creative

Mapping of Course outcomes with POs and PSOs

(Programme Outcome – **POs**, Programme Specific Outcome – **PSOs**)

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8
CO1	3		2			2	2	2
CO2	3		2			3	2	2
CO3	3		2			3	3	2
CO4	3		2			3	3	2
CO5	3		2			3	3	3

Strong – 3; Medium-2; Low – 1

(PO: Already framed by the College)

ARUL ANANDAR COLLEGE (AUTONOMOUS), KARUMATHUR – 625 514

DEPARTMENT OF PHILOSOPHY

Class : II BSc SCIENCE

Part : IV Non-Major Elective-1

Semester : III

Hours : 45

Course Code : 19UPHN13

Credits : 02

PROFESSIONAL ETHICS

(For Science Students admitted from 2019 onwards)

Course Objectives:

- To acquaint with the basic concepts of ethics
- To justify theoretical foundations of values needed in the practice of professions
- To caution on the dangers of value-neutrality in various professions
- To develop discerning ability in one's own profession
- To apply values in day-to-day life

Unit 1: BASIC CONCEPTS OF PROFESSIONAL ETHICS

9 hours

Definition, Nature and Scope of Ethics – Morality- Behaviour- Key elements of proper Ethics- Profession- Professional Ethics- Relation between Profession & Ethics – The moral necessity/ importance of Ethics – Determinants of morality

Unit 2: SOCIAL MEDIA ETHICS

9 hours

Definition- social media – Functions of social media – Uses and abuses of social media: Political and Public Administration- Education and Awareness- Marketing- Phishing- Pornography in social media and its Impact on society- Cybercrime

Unit 3: BIO-MEDICAL ETHICS

9 hours

Definition- Bio-Ethics- Human Body- safe period and fertile period - Infertility- Reasons for infertility in men and women- Assisted Reproductive Technology: Artificial insemination - Sex Selection - Surrogate motherhood: an ethical outlook – Abortion: reasons and remedies- Blood Donation and Organ Donation: life-saving act, Euthanasia and Medically Assisted Death: an evaluation

Unit 4: LEGAL ETHICS**9 hours**

Definition – Legal Ethics, its importance and challenges - Public Interest Litigation – punishment - various theories of Punishment: Deterrent, Retributive and Reformative - Capital Punishment and its Methods – Arguments for and against capital punishment

Unit 5: BUSINESS ETHICS**9 hours**

Definition- Business Ethics- Important Elements- Ethics of Property and Production, Consumer Rights- Globalization – Effects of Globalization- the viability of Capitalism and Obligation to care for the vulnerable people

Books for Study:

1. Singer, Peter, *Practical Ethics*, Replica Press, Delhi, 2000
2. Titus, H., *Ethics for Today*, Eurasia Publishing House, New Delhi, 1966
3. Social Media Research: A Guide to Ethics- https://www.gla.ac.uk › media › Media_487729_smxx

Books for Reference:

1. Barcalow, Emmett, *Moral Philosophy*, Wadsworth Publishing Co., Belmont, 1996
2. Norman, Richard, *The Moral Philosophy*, OUP, New York, 1998

Teaching and Learning Methods:

- Lecture, ICT, Class Presentation, Ethical themes and social realities by Skit, Group discussion, Quiz

Course Outcomes (COs)

CO No.	<i>At the end of the course, students will be able to</i>	Knowledge Level up to
CO1	Identify the necessity of being ethical in all arenas of life	K2
CO2	Understand different aspects of social media and evaluate their impact on oneself and society	K5
CO3	Understand human body and recent advancement in medical technologies, and evaluate them on the ethical ground	K5
CO4	Analyse legal procedures and punishments, and evaluate their ethical implications	K5
CO5	Examine moral dimension of business to make economic activities suitable for all	K5

K1 = Remember, K2 = Understand, K3 = Apply, K4 = Analyse, K5 = Evaluate, and K6 = Create

Mapping COs with POs and PSOs

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	Sum of COs with POs & PSOs
CO1	2	1	2	2	-	1	-	-	1	1	2	-	2	14
CO2	2	3	3	2	-	1	-	-	2	2	3	-	2	20
CO3	2	3	3	2	-	1	-		2	2	3	-	2	20
CO4	2	3	3	2	-	1	-	-	2	2	3	-	2	20
CO5	2	3	3	2	-	1	-	-	2	2	3	-	2	20
Grand Total of COs with POs & PSOs														94
Mean Value of COs with POs & PSOs = $\frac{\text{Grand Total of Cos with POs \& PSOs}}{\text{Number of Cos relating with POs \& PSOs}} = \frac{94}{45}$														2.09

Strong – 3, Medium – 2, Low – 1

ARUL ANANDAR COLLEGE (Autonomous), KARUMATHUR – 625 514

DEPARTMENT OF PHILOSOPHY

Class : B.A. PHILOSOPHY

Part : III (Allied-4)

Semester : IV

Hours : 75

Course Code : 19UPHA44

Credits: 04

PHILOSOPHICAL FOUNDATIONS OF HUMAN RIGHTS

(For Students admitted from 2019 onwards)

Course Objectives:

- To inculcate legal, moral, and philosophical bases of Human Rights
- To integrate Human Rights with socio-cultural and economic development of humanity
- To internalize Human Rights and practice them in daily life
- To promote Human Rights discourse in the context of their violations
- To identify enforcing means and organizations of preservation and protection of human rights

Unit 1: Philosophical and Conceptual Background of Human Rights 15 hours

(a) Rights: Inherent, Inalienable, Universal, Indivisible; (b) Values: Dignity, Liberty, Equality, Fraternity, Justice, Unity in Diversity; (c) Instruments: Covenant – Charter – Declaration – Treaty – Convention – Protocol – Executive Orders and Statutes

Unit 2: Historical and Philosophical Perspectives of Human Rights 15 hours

(a) History of Human Rights: Modern Humanism and Revolutions, World Wars, UN and Universal Declarations, Geneva Conventions; (b) Theories of Human Rights: Natural Rights, Social Contract, Interests Theory; (c) Approaches to Human Rights: Liberal, Socialist, Gandhian

Unit 3: United Nations and Human Rights**15 hours**

(a) Universal Declaration of Human Rights- Significance-Preamble; (b) Civil and Political Rights (Art. 1-21); (c) Economic, Social and Cultural Rights-(Art.22-28), (d) Duties and Limitations-(Art. 29); (e) Final Provision (Art. 30); (f) Civil Society Initiatives

Unit 4: Human Rights' Responses to Societal Problems**15 hours**

(a) Discrimination: Caste, Race and Gender; (b) Deprivation: Poverty, Displacement, Forced Migration, Refugees; (c) Denial: Illiteracy, Child Labour, Bonded Labour, Trafficking

Unit 5: National Initiatives to Promote Human Rights**15 hours**

(a) Constitutional Values – Preamble – Fundamental Rights, (b) Legislature, Judiciary; (c) National and State Human Rights Commissions; (d) Commission of Women, Children; (e) Minority, SC/ST; (f) Non-Governmental Organizations; (g) Information Media; (h) Education

Books for Study:

1. Kumar, Manju, *Social Equality, the Constitutional Experiment in India*, S. Chand & Co., New Delhi, 1982
2. Mohanti, M., *Peoples Rights*, Sage Publications, New Delhi, 1998
3. UN, *The Universal Declaration of Human Rights 1948-1998*, UN Department of Public Information, New York, 1998
4. UN, *United Nations Action in the Field of Human Rights*, UN Publication Division, New York, 1994
5. UNESCO, *Philosophical Formulations of Human Rights*, UNESCO, Paris, 1986

Books for Reference:

1. Donnelly, Jack, *Universal Human Rights in Theory and Practice*, Cornell University Press, London, 2013
2. Jackson T., Kevin, *Charting Global Responsibilities*, East–West Press, New Delhi, 1997
3. Raphael, D.D., *Political Theory and the Rights of Man*, Macmillan, London, 1967
4. Human Rights Watch - www.hrw.org

Teaching and Learning Methods:

Lectures, ICT, Assignment, Group Discussion, Class Presentation

Course Outcomes (COs)

CO No.	<i>At the end of the course, students will be able to</i>	Knowledge Level up to
CO1	Understand philosophical and conceptual foundations of Human Rights	K2
CO2	Analyze different perspectives and approaches to Human Rights	K4
CO3	Understand the Human Rights guaranteed by the Universal Declarations of Human Rights and Indian Constitution	K2
CO4	Analyze Societal Problems with the criteria of the Universal Declarations of HRs and Indian Constitution	K4
CO5	Apply constitutional safeguards for the protection of Human Rights	K3

**K1 = Remember, K2 = Understand, K3 = Apply, K4 = Analyse, K5 = Evaluate, and
K6 = Create**

Mapping COs with POs and PSOs

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	Sum of COs with POs & PSOs
CO1	3	3	2	1	-	-	-	-	3	2	1	-	-	15
CO2	2	3	2	1	-	-	-	-	2	2	1	-	-	13
CO3	3	3	2	2	-	-	-	-	2	2	1	3	3	21
CO4	-	3	3	3	-	-	-	-	-	-	3	-	3	15
CO5	-	3	3	3	-	-	-	-	-	-	3	-	2	14
Grand Total of COs with POs & PSOs														78
Mean Value of COs with POs & PSOs = $\frac{\text{Grand Total of Cos with POs \& PSOs}}{\text{Number of Cos relating with POs \& PSOs}} = \frac{78}{33}$														2.36

Strong – 3, Medium – 2, Low – 1

ARUL ANANDAR COLLEGE (AUTONOMOUS), KARUMATHUR

DEPARTMENT OF RURAL DEVELOPMENT SCIENCE

Class	: U.G. (Aided)	Part	: Self Learning Course
Semester	: III	Hours	: --
Sub.Code	: 19URDSL3	Credits	: 3

HUMAN RIGHTS

(For Students admitted from the Academic Year 2008-2009 onwards under the New CBCS Pattern)

Course Educational Objectives

1. To sensitize the students about the prevailing human rights problem in India
2. To impart the knowledge on human rights;
3. To provide the various dimensions of human rights' issues.
4. Familiarize himself on various human rights agencies in India
5. To help them evolve appropriate remedial measures

Unit – I Introduction to Human Rights:

Human Rights – Universality of Human Rights – The Universal Declaration of Human Rights.

Unit – II UN and Human Rights:

UN Commission on Human Rights – UN Major Human Rights Instruments – Convention on the elimination of Discrimination against Women – Convention on the Rights of the Child.

Unit – III Human Rights in India:

The origin of Human Rights in India – Constitutional Provisions & Laws relating to Human Rights in India - Rights of minorities and Dalits in India – Human Rights Violations in India.

Unit – IV National and State Human Rights Institutions:

The National Human Rights Commission of India – State Human Rights Commission and attached bodies.

Unit – V NGOs in Human Rights:

Role of NGO's, in the protection and redressal of issues, on Human Rights.

NGOs at the National, and State Level working on issues of Human Rights – their role and functions.

Books for Study:

Ravindran, D.J.,(2000). Human Rights Praxis: A Resource book for Study, Action and Reflection Human Rights Study Material, Institute of Human Rights Education, New Delhi.

Balam Singh, (2007). Human Rights, Cyber Tech Publisher, New Delhi.

Books for reference

Ashish Kumar das and Prasant Kumar Mohanty (2007). Human Rights in India: Sarup and Sons. New Delhi.

Baradat Sergio and Swaronjali Ghosh. (2009). Teaching of human rights: Dominant publishers and distributors, New Delhi.

Bani Borgohain. (2007). Human Rights Social Justice and Political Challenge. Kaniska publishers and distributors New Delhi.

Bhavani Prasad Panda. (2007). Human rights Development and environment law: academic excellence, Delhi.

Meena, P. K (2008). Human Rights theory and practice: Murali Lal and sons, New Delhi.

Rao, M.S.A. (1978). Social Movements in India – Social Movements and Social Transformation in India Vol.1 & 2: Manohar Publications, New Delhi.

Roy A.N. (2005). Human Rights Achievements and challenges: Vista International Publishing house, Delhi.

Teaching Learning Methods

- ICT usage
- Creative assignments
- Individual cum Group Presentation
- Newspaper Reading and Analysis
- Peer Learning
- Field Exposure and Training
- Group Discussion
- Group Projects
- Short films and other educational videos

Course Outcome: At the end of the course, the students will:

SL. No	COURSE OUTCOME	KNOWLEDGE LEVEL (Bloom's Taxonomy)
CO 1	Identify and describe various theoretical perspectives on human rights issues	K1
CO 2	Competency to advise and train them to be social activist to fight against human rights issues	K2
CO 3	Investigate and analyze one agency involved in the handling of a human right issues	K4
CO 4	Differentiate role of National human rights commission and state human rights commission	K4
CO 5	Become conscientious and respect others, commitment to social justice	K5

K1=Knowledge, K2=Understanding, K3=Application, K4=Analysis, K5=Synthesis

Mapping Course Outcome with PSO and PO:

(Programme Outcomes – **POs**, Programme Specific Outcomes – **PSOs**)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	Sum of COs with POs & PSOs
CO1	3	3	1	2	2	3	2	3	3	3		3		28
CO2	2	2	3	2	2	2	2	3	3	2		1		24
CO3	2	2	2	3	2	2	2	2	3	2				22
CO4	2	1	2	2	2	1	2	2	2	2				18
CO5	2	1	2	1	2	1	1	3	2					15
Grand total of COs with POs & PSOs														107
Mean Value of COs with POs & PSOs= $\frac{\text{Grand Total of Cos with POs \& PSOs}}{\text{Number of Cos relating with POs \& PSOs}} = \frac{107}{51}$														2.09

S Strong – 3; Medium-2; Low – 1

ARUL ANANDAR COLLEGE (AUTONOMOUS), KARUMATHUR-625 514

DEPARTMENT OF HISTORY

Class	: III B.A. (History)	Part	: III Core – 16
Semester	: VI	Hours	: 75
Sub-Code	: 19UHSD66	Credits	: 04

HUMAN RIGHTS

(Outcome based syllabus under CBSC structure for the students admitted from the academic year 2019 - 2020)

Objectives

1. Understand the meaning and historical development of human rights
2. Create awareness on Rights against discrimination, inequality, and exploitation in a Rights based approach.
3. Analyses the role of UNO in safeguarding the human rights and the various Declarations that were signed for the promotion and protection of Human Rights.
4. Analyse the constitutional provisions and Civil societies in India for the protection of human rights violations.
5. Study about the famous personalities who contributed for human rights evolution throughout the world.

Unit – I:

15 hours

Historical Roots and Growth of Human Rights

- a) Historical Evolution – Magna Carta, Bill of Rights, French rights of declaration of man.
- b) Concept and Meaning – Rights and Duties – Perspectives
- c) Types of Human Rights.

Unit – II:**15 hours****Social and Sectoral Rights and Violations**

1. a) Women b) Children c) Dalits d) Tribals e) Minorities f) Slavery
2. a) Environment (Laws and Acts)

Unit – III:**15 hours****Human Rights Protection: National and Global Mechanism**

- a) National
 - i) Preamble of Indian Constitution – Fundamental Rights and Duties – Directive Principles of State Policy.
 - ii) Human Rights Commissions
- b) International
 - i) U.N. conventions and Protocols
 - ii) Mechanisms of the U.N.O.

Unit – IV:**15 hours****Ways of Responding to Human Rights Challenges under Democracy**

Legal Bases, Right to Information - Human Right Organizations & Civil Society Groups-

Unit – V:**15 hours****Human Rights and Inspiring Personalities**

Rousseau, Abraham Lincoln, Karl Marx, Dr. Ambedkar, Martin Luther King. Jr., V.R. Krishna Iyer, Medha Patkar, Irohmi Sharmila

Teaching Learning Methods

1. Lecture Method
2. ICT
3. Seminars
4. Quiz
5. Case Study

Book for Study

1. Maurice Carnston, 1973, **What are Human Rights?** The Bodley Head Ltd, London.
2. Lovis Henkin, 1978, **The Rights of Man today.** Stevens & Sons, London
3. V.R. Krishna Iyer, 1984, **Human Rights and Law.** Vedpal
4. Law House, Indore
5. Jack Donnelly, 1985, **The Concept of Human Rights.** Croom Helm, London.

References:

1. Bami Bargohain, - **Human Rights, Social Justice and Political Challenge**, Kaniska Publishers, New Delhi, 1999.
2. Darren O' Byrne - **Human Rights: An Introduction**, Pearson Education, New Delhi, 2003.
3. Desai, A.R., - **Repression and Resistance in India**, Popular Prakashan, Bombay, 1990.
4. Desai, A.R., - **Violation of Democratic Rights in India (Ed.)**, Popular Prakashan, Bombay, 1986.
5. DevArjun, & Indirani Arjun Deva, **Human Rights, A Source Book**, Delhi, 1996.
6. Kumar Das Ashish, -**Human Rights in India**, Mohanti Pransant Kumar & Sons, New Delhi, 2007.
7. Muthurulandi Raja, - **Human Rights**, Sriyar Publications, Trichy, 1996.
8. Roy Ashina, - **Human Rights of Women**, Raja Publications, New Delhi, 2003.

Course Outcome

Students will be able to

Course Outcome No	Course Outcome	Knowledge Level
CO1	Demonstrate the meaning and historical development of Human Rights	K3
CO2	Explain about Rights against discrimination, inequality, and exploitation in Rights based approach.	K3
CO3	Point out the role of UNO in safeguarding the human rights and the various Declarations that were signed for the promotion and protection of Human Rights	K4
CO4	Judge the constitutional provisions and Civil societies in India for the protection of human rights violations.	K5
CO5	Discuss the ideas of the famous personalities who contributed for human rights evolution throughout the world	K5

K1 – Remember , K2 – Understand , K3-Apply , K4- Analyse, K5-Evaluate, K6-Create

Mapping Course Outcome with PSO and PO

Out Come	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	Sum of CO's with PSO's & POs
CO1	2	2				1	2	2	3	3	2			17
CO2	2	2				2	2	2	3	3	2			18
CO3	3	3	2	2	2	1	1		2	2	3	2	2	25
CO4	2	2	3	3	3	1	1		2	2	2	3	3	27
CO5	2	2	3	3	3	1	1		2	2	2	3	3	27
Grand Total of COs with PSO and POs														114
Grand total of COs with PSOs and POs														114
Mean Value of COs with PSO and POs = ----- =-----= 2.19														2.19
Number of COs relating with PSOs and POs 52														
Strong – 3 Medium – 2 Low - 1														

ARUL ANANDAR COLLEGE (AUTONOMOUS) KARUMATHUR – 625 514

DEPARTMENT OF ECONOMICS

CLASS : U.G. (Aided)

PART : Self-Learning Course

SEMESTER : III

CREDIT : 03

CODE : 19UECSL3

ECONOMICS OF SOCIAL PROBLEMS IN INDIA

Course Educational Objectives (CEO):

- To disseminate the concept of social problem.
- To summarise on poverty and population
- To understand child problems
- To recognize Illiteracy and Black money
- To discuss communalism and communal violence

UNIT - I : CONCEPTS OF APPROACHES

Concepts, Characteristics, Causes, Types, Stages in the Development of Social Problem, Social Problem and Social Change in India.

UNIT – II : POVERTY & POPULATION

Poverty: Concept, Measurement, Incidence and Magnitude, Causes, Problems of poor and pains of poverty, Measures for Poverty Alleviation.

Population: Increase in Population, Causes, Effects, Population Policy, Family Planning, Measures to Control Population.

UNIT – III : CHILD LABOUR, CHILD ABUSE AND GENDER ISSUES

Child Labour: Child Population and Working Children.

Child Abuse: Concepts, Types, Incidence, Theoretical Explanation, Victims, Causes, Effects, Problems of Child Labour.

Gender Issue: Women Harassment, Nature, Extent, Characteristics, Violence against Widows, Victims of Violence, Perpetrators of Violence, Motivation in Violence, Types of Violence.

UNIT – IV: ILLITERACY & BLACK MONEY

Education, Development, Magnitude of Illiteracy, National Policy on Education, Measures adopted for eradicating illiteracy, Efforts by Voluntary Organizations.

Black Money: Meaning, Magnitude, Causes, Effects, Measures to Control.

UNIT – V: COMMUNALISM AND COMMUNAL VIOLENCE

Communalism: Concept of Communalism, Communalism in India.

Communal Violence: Causes, Theories, Role of Police, Prescriptive Measures.

Books For Study:

1. Ahuja Ram. 1990, Social Problems in India, Rawat Publications, Jaipur.
2. Kuppaswamy. 1993, Social change in India, Konark Publications, New Delhi.
3. Agarwal .A.N. 2003, Indian Economy, New Age International Publishers, New Delhi.

Books for Reference:

1. Sharma Ramnath. 1997, Indian Social Problems, Oxford & IBH, New Delhi.
2. Chandran E. 1994, Social Problems of India, Cosmos Bookhire, New Delhi.
3. Misra & Puri. 2005. Indian Economy, Himalaya Publishing House, Mumbai.

Teaching and learning methods:

- Lecture
- Reading the text
- PowerPoint presentation
- Quiz
- Journals and Magazines

Course Outcomes

SL.NO	COURSE OUTCOMES	KNOWLEDGE LEVEL (Bloom's Taxonomy)
CO1	Identify the concept of social problem	K2
CO2	Explain Poverty and Population	K2
CO3	Understand child related problems	K2
CO4	Aware about illiteracy and black money	K3
CO5	Comprehend communalism and communal violence	K3

K₁= Knowledge, **K₂**= Understanding and **K₃**= Application

Mapping of CO with PO and PSO

Out comes	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	Level	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	Level
CO1	3	1	-	2	2		3	3	2	3	1	-	-	-	20
CO2	3	1	-	2	2		3	3	2	3	1	-	-	-	20
CO3	3	1	-	2	2		3	3	2	3	1	-	-	-	20
CO4	3	1	-	2	2		3	3	2	3	1	-	-	-	20
CO5	3	2	-	2	2		3	3	2	3	1	-	-	-	21
Grand total of COs with PSOs and POs															101
Mean Value of COs with PSO and POs = $\frac{\text{Grand total of COs with PSOs and POs}}{\text{Number of COs relating with PSOs and POs}} = \frac{(101)}{45}$															2.24

Strong – 3, Medium – 2 & Low - 1

Mapping Scale	1	2	3
Relation	0.01 to 1.0	1.01 to 2.0	2.01 to 3.0
Quality	Low	Medium	Strong
Mean value of COs with PSOs and POs			2.24
Observation	COs of Economics of social problems in India Strongly related with PSOs and POs		

ARUL ANANDAR COLLEGE (AUTONOMOUS) KARUMATHUR – 625 514

DEPARTMENT OF ECONOMICS

CLASS : U.G. (Aided) PART : Self Learning Course

SEMESTER : IV HOURS : --

CODE : 19UECSL4 CREDITS : 03

LABOUR PROBLEMS AND SOCIAL WELFARE

Course Educational Objectives (CEO) :

1. To instruct the basics of Labour Economics
2. To educate about the implications of wages and employment
3. To highlight the Trade unions and Industrial relations
4. To educate on the Labour welfare measures
5. To enlighten on International Labour Organization

UNIT - I: INTRODUCTION

Labour: Meaning, Importance, Nature and Scope of Labour Economics, Characteristics of Labour, Forms of Labour

UNIT- II: WAGES AND EMPLOYMENT

Wages: Types of Wage Payment, Wage Structure and Wage Differentials, Wage Structure in

India. Employment: Recruitment, Training and Development, Problems of Unemployment, Causes of Unemployment, Types of Unemployment.

UNIT – III: TRADE UNION AND INDUSTRIAL RELATIONS

Trade Union: Origin and Growth, Functions, Features of a Good Trade Union, Hurdles for Trade Union Development, Role of Trade Unions in the context of Globalization. Industrial Relations: Conflicts, Disputes, Ways of Settling Industrial Disputes, Workers Participation in Management.

UNIT - IV: LABOUR WELFARE

Labour Welfare: Various Schemes in India, Performance.

UNIT - V: ILO

ILO: Functions, Achievements.

Books for study:

1. Desai & Rao. 1986, Labour Problems and Social Welfare, RB publications, New Delhi.
2. Agarwal Shoba. 1993, Labour Problems and Social Welfare, Ratan Prakashan, Agra.

Books for Reference

1. Ramaswamy, E.A., & Ramaswamy Uma. 1985, Industry and Labour, An introduction Oxford & IBH, New Delhi.
2. Saxena, K. 1986, Labour Economics & Social Welfare, Nath & Co, Meerut.

Teaching and learning methods

- Lecture
- Power point
- Brainstorm
- Quiz
- Journals
- Reports

Course Outcome

After completion of course Labour Problems and Social Welfare the student will be able to

SL.NO	COURSE OUTCOME	KNOWLEDGE LEVEL (Bloom's Taxonomy)
CO ₁	Expound the introduction of Labour Economics	K3
CO ₂	Outline the wages and employment	K2
CO ₃	Identify Trade union and Industrial relations	K2
CO ₄	Narrate various Labour welfare measures	K3
CO ₅	Explain the functions of ILO	K2

K1= Remembering, K2= Understanding and K3 = Application

Mapping of CO with PO and PSO

Out comes	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	Level	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	Level
CO1	3	1	-	2	2		3	3	2	3	1	-	-	-	20
CO2	3	1	-	2	2		3	3	2	3	1	-	-	-	20
CO3	3	1	-	2	2		3	3	2	3	1	-	-	-	20
CO4	3	1	-	2	2		3	3	2	3	1	-	-	-	20
CO5	3	2	-	2	2		3	3	2	3	1	-	-	-	21
Grand total of COs with PSOs and POs															101
Mean Value of COs with PSO and POs = $\frac{\text{Grand total of COs with PSOs and POs}}{\text{Number of COs relating with PSOs and POs}} = \left(\frac{101}{45}\right)$															2.24

Strong – 3, Medium – 2 & Low - 1

Mapping Scale	1	2	3
Relation	0.01 to 1.0	1.01 to 2.0	2.01 to 3.0
Quality	Low	Medium	Strong
Mean value of COs with PSOs and POs			2.24
Observation	COs of Labour Problems and Social Welfare Strongly related with PSOs and POs		

GOVERNMENT & MANAGEMENT SCHOLARSHIPS

Link of 5.1.2

[Scholarship Link](#)

EARN WHILE YOU LEARN

02.8. 2019

From

The Librarian
Arul Anandar College,
Karumathur.

To

Rev.Fr.Secretary
Arul Anandar College,
Karumathur.

Through

Rev.Fr.Principal
Arul Anandar College,
Karumathur.

Respected Rev.Father,

The following students are working in the library on Earn while Learn scheme. Kindly provide remuneration for the following students for the work they have done during the month of **July, 2019**.

Date: 07/08/19
SPATC

CHNO:-
993824
99 825

Name	Days	Amount	Signature
Periya Kodeeswaran.T (17BBA134)	16	1120	T.Periya Kodeeswaran
Cheliyan .J (17ENG107)	18	1260	J.cheliyan
*Net Total (Two Thousand three hundred and eighty only)		2380	

* Net Total Amount **Rs.2380/-** Remuneration to be paid at the rate of **Rs.70 per day** to the Student, Details enclosed.

Thanking you

Yours faithfully,

Forwarded
[Signature]

[Signature]
(Librarian)

[Signature]
06/08/2019

Month of July 2019

Page
Date

PERIYA KODEESHWARAN CHELIYAN - 5

07/19	T. Periya Kodeeshwaran.	J. Cheliyan
07/19	T. Periya Kodeeshwaran.	J. Cheliyan.
07/19	T. Periya Kodeeshwaran.	J. Cheliyan
07/19	T. Periya Kodeeshwaran.	J. Cheliyan.
07/19	— AA	J. Cheliyan.
07/19	Holy day	Holy day
07/19	Holy day	Holy day
07/19	— AA	J. Cheliyan.
07/19	T. Periya Kodeeshwaran.	J. Cheliyan
07/19	T. Periya Kodeeshwaran.	J. Cheliyan.
07/19	— AA	J. Cheliyan.
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07/19	Holy day	Holy day
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07/19	T. Periya Kodeeshwaran.	J. Cheliyan.
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07/19	T. Periya Kodeeshwaran.	J. Cheliyan.
07/19	T. Periya Kodeeshwaran.	J. Cheliyan.
07/19	T. Periya Kodeeshwaran.	AA
07/19	T. Periya Kodeeshwaran.	AA
07/19	Holy day	Holy day
07/19	Holy day	//
07/19	T. Periya Kodeeshwaran.	J. Cheliyan.
07/19	T. Periya Kodeeshwaran.	J. Cheliyan.
07/19		

$$16 \times 70 = 1120$$

$$18 \times 70 = 1260$$

06/07/2019

LIBRARIAN
ARUL ANANDAR COLLEGE
(AUTONOMOUS)
PUMATHUR
Dist.

RELIGIOUS HARMONY

Religious Reconciliation Christmas Day Celebration on 21st December 2018



Inter-Religious Christmas Day Celebration on 21st December 2019



MORNING PRAYER

Link to Morning Prayer



தொடக்க செபம்

சீர்திகழ் சுடராய் பேரொளி ஞாயிறாய்
செய்கையாய், ஊக்கமாய், சித்தமாய்,
அறிவாய் நின்றிடும் இறைவா, நித்தமும் போற்றி!
இன்பம் கேட்டேன், ஈவாய் போற்றி!
துன்பம் வருங்கால், துடைப்பாய் போற்றி!
அறிவு தேடினேன், அளிப்பாய் போற்றி!
ஒழுக்கம் நாடினேன், உயர்த்துவாய் போற்றி!

இறுதி செபம்

அறிவுக்கு ஊற்றாம் இறைவா, போற்றி!
அளித்த அறிவுக் கொடைக்கு நன்றி!
கற்றபின், அதற்குத் தகவே நிற்க
உற்ற வகையில் உதவுவாய் போற்றி!

கல்லூரி பண்

புதுயுகம் தேடும் புதுப்படைப்பாக எழுவோம்
பொதுநலம் பேணும் அருளுணர்வோடு வளர்வோம்.
இறையாட்சி காண உழைப்போம்
கனிவுள்ள நீதி சுவைப்போம்
எழுவோம் உழைப்போம்
உறவால் ஒன்றி வாழ்வோம்

1. தமிழக மக்கள் நடுவினிலே - அன்பு
உறவினை வளர்த்திடுவோம்
பாரினில் எங்கும் பரமனின் அருளை
பரப்பிட விழைந்திடுவோம்.

நேர்மையில் சிறந்து விளங்குவோம்
தன்னலம் மறந்து வாழ்வோம்
காலத்தை அறிந்து நடப்போம்
கடமையை உணர்ந்து வருவோம்
இறையாட்சி காண உழைப்போம்
கனிவுள்ள நீதி சுவைப்போம்
எழுவோம் உழைப்போம்
உறவால் ஒன்றி வாழ்வோம்

2. புதுமையைக் கண்டு பொலிவுடன் ஏற்கும்
துணிவினைப் பெற்றிடுவோம்
மனிதத்தைக் காக்கும் மரபினில் வாழும்
மனதினைக் கொண்டிடுவோம்

நேர்மையில் சிறந்து விளங்குவோம்
தன்னலம் மறந்து வாழ்வோம்
காலத்தை அறிந்து நடப்போம்
கடமையை உணர்ந்து வருவோம்
இறையாட்சி காண உழைப்போம்
கனிவுள்ள நீதி சுவைப்போம்
எழுவோம் உழைப்போம்
உறவால் ஒன்றி வாழ்வோம்

பாடல், இசை: அருள்தந்தை முனைவர் வின்சென்ட் சேகர், சே.ச.

PRAYER SERVICE

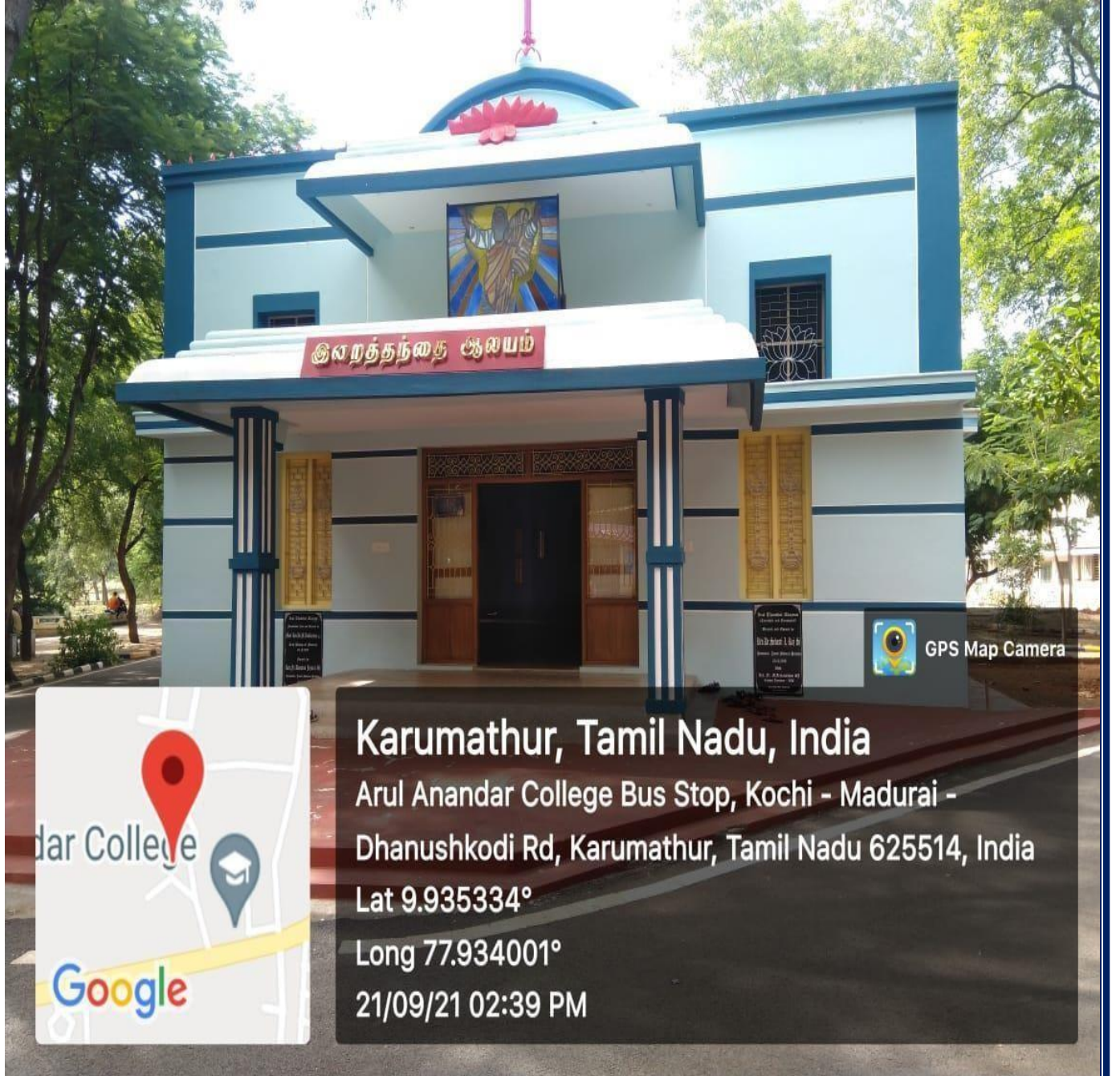
Holy Mass



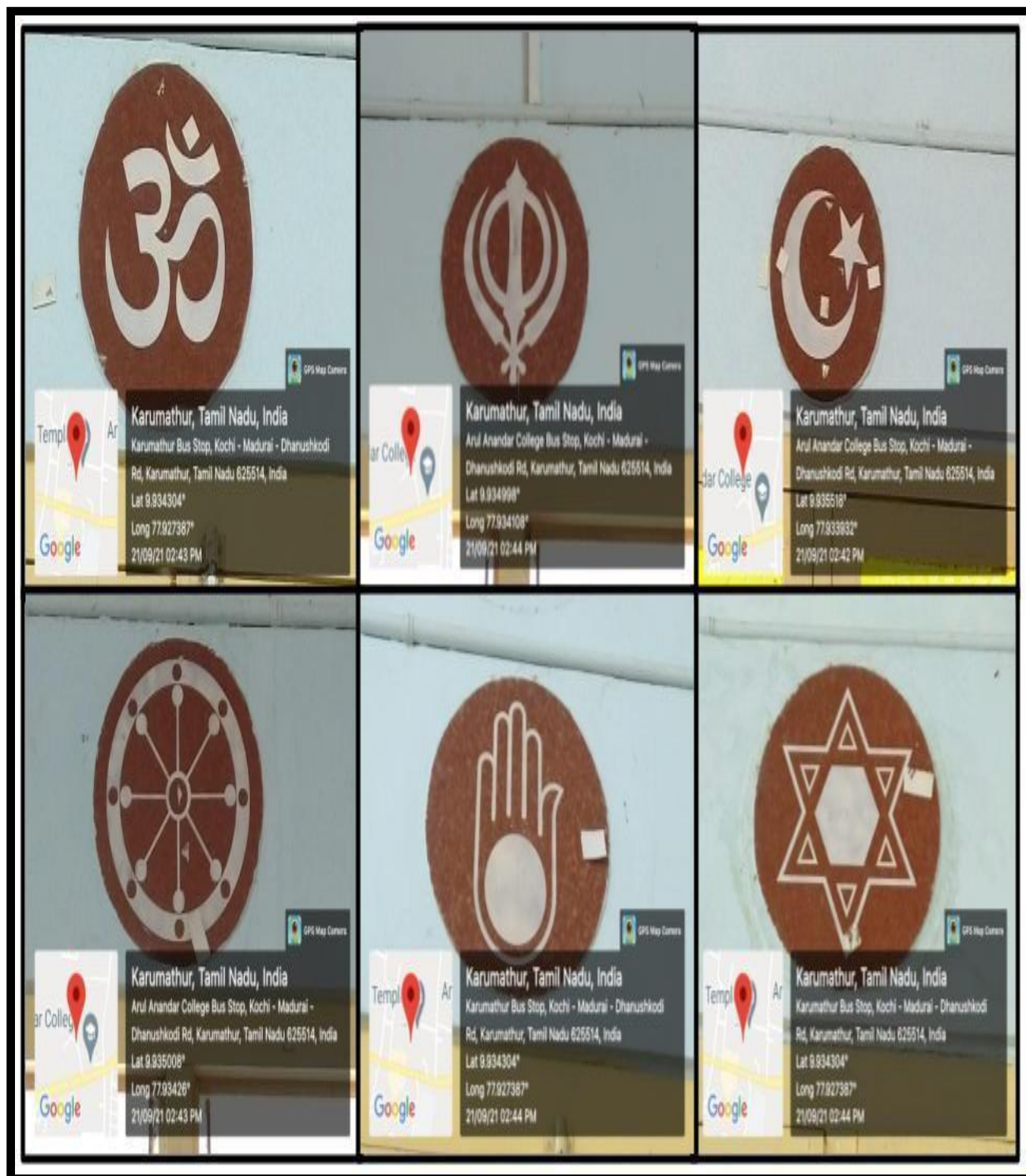
Prayer by Brahma Kumaris



UNIVERSAL PRAYER HALL



SYMBOLS OF VARIOUS RELIGION IN THE UNIVERSAL PRAYER HALL



INTERNATIONAL STUDENTS FORUM

INTERNATIONAL STUDENTS FORUM

REPORT – 2020-2021

Rev. Dr. Basil Xavier S.J. founded the International Students Forum (ISF) in 2017 to foster the talent of international students on campus. Over the years, the college has seen an increase in the number of international students. In the current academic year, Arul Anandar College has around 55 students from Africa and Sri Lanka.

Within the premises of Arul Anandar College, there is a separate hostel for boys and girls. Moreover, through various programmes, the hostel directors provide personal and academic counselling in a happy and comfortable environment for students to discuss their problems, support them, and develop their social, psychological, and physical well-being for holistic development, to facilitate cultural heritage, and to enhance global understanding. During the pandemic, the forum encourages students to participate in games and gather neem seed balls.

The College utilises the respective funds to assist students in resolving endorsement (VISA) concerns and continuing their journey to their land without delay. The forum adheres to the Foreigners Regional Registration Office's rules (FRRO). In addition, the student secretary is responsible for FORM-S (Foreign Students Information System) contacts and other tasks as needed. During the pandemic, the forum makes an effort with the support of the hostel directors to quarantine students who are diagnosed with COVID-19.

The forum works towards achieving its vision through various action programmes such as to offer a favourable atmosphere for the international students to feel at home safe and secure, to generate an opportunity to express their views and ideas at different forums.

The forum facilitates the international students to participate in the common college programmes such as college day and campus festival through their cultural representation as their cultural dance or song to publicize their cultural heritage.

Moreover, the forum also assists the students in the admission procedure and getting them no clearance certificate from the respective departments, arranges periodic counselling for the international students based on their needs, encourages students in academic excellence and arranging training programmes as per the requirements, conducts cultural activities aiming to achieve cultural harmony, searches for some scholarship scheme fitting to their needs, facilitates them to get their certificates after completion of the course.



PRINCIPAL
Arul Anandar College
Karumathur-625 514, Madurai Dt.



Rev.Fr.Dr.Anbarasu. M
Coordinator
International Students Forum

INTER-STATE STUDENTS FORUM

INTERSTATE STUDENTS FORUM

Arul Anandar College (autonomous)
Karumathur – 625 514 Madurai – district



ANNUAL REPORT

2020-2021

The Interstate Student Forum had become a blessing at the time of covid-19. The data base that was created by the forum helped during the time of lockdown to identify and help the students to get back to their native states. Besides the forum is being meant for facilitating the students of other state to feel at home and feel one with other students of the college by overcoming the cultural barriers as they come from different cultural backgrounds it has served as bridging gaps among college, the parents and students during lockdown.

During the pandemic, the assistance of the forum in the admission procedure and getting no objection certificate from the respective departments was felt more and accomplished the works so the students are able to continue their studies well. The students were helped in getting their course completion certificates through the forum.


COORDINATOR

INTERSTATE STUDENTS FORUM

Arul Anandar College (autonomous)
Karumathur – 625 514 Madurai – district



ANNUAL REPORT

2019-20

This academic year is being a Golden Jubilee year for Arul Anandar College, the Interstate Student Forum is one of its milestone achievements at this juncture. Though the forum has come into existence from the academic year 2017-18, the college had been taking care of the students of other state with a special care.

The forum works towards achieving its vision through various action programmes such as to provide a favourable environment for the other state students to feel at home with safe and secure, to generate an opportunity for



other state students to express their view and ideas at different forum in their own mother tongue, to offer personal and academic

counselling to support them and develop their social, psychological and physical well-being for holistic development, to foster the cultural heritage and promote cross cultural understanding through various programme. The forum facilitates the interstate students to participate in the common college programmes such as college day and campus festival through their cultural representation as their cultural dance or song to disseminate their cultural heritage.

This year being a golden jubilee year the forum had planned for special Onam celebrations and it was held on 10th September 2019 to mark the annual



Harvest festival of Kerala. It falls on the 22nd *nakshatra* *Thiruvonam* in the Malayalam calendar month of *Chingam*. The students also took part in the college day celebrations.

The forum operates with the vision to cater the needs of other state students and help them to open up to the new culture without losing their identity to have holistic development. In return the native state students also become acquainted with diverse cultural heritage of the nation through interaction with other state students and work towards cultural integration among the students.

Besides these the forum also assists the students in the admission procedure and getting them no clearance certificate from the respective departments, arranges periodic counselling for the interstate students based on their needs, encourages students in academic excellence and arranging training programme as per the requirements, conducts cross-cultural activities aiming to achieve cultural harmony, searches for some scholarship scheme fitting to their needs, facilitates them to get their certificates after completion of the course.


COORDINATOR

INTERSTATE STUDENTS FORUM

Arul Anandar College (autonomous)
Karumathur – 625 514 Madurai – district



ANNUAL REPORT

2018-2019

The Interstate Student Forum has been in operation from the academic year 2017-18. The forum is meant for facilitating the students of other state to feel at home and feel one with other students of the college by overcoming the cultural barriers as they come from different cultural backgrounds.

Arul Anandar College also promotes the spirit of oneness in spite of our diverse cultural differences. Hence it creates a platform for the students to know each other's culture and interact with each other and appreciate other culture. Interstate student forum works for unity among the student from different states.



The forum operates with the vision to cater the needs of other state students and help them to open up to the new culture without losing their identity to have holistic development. In return the native state students also become acquainted with diverse cultural heritage of the nation through interaction with other state students and work towards cultural integration among the students.

The forum works towards achieving its vision through various action programmes such as to provide a favourable environment for the other state students to feel at home with safe and secure, to generate an opportunity for other state students to express their view and ideas at different forum in

their own mother tongue, to offer personal and academic counselling to support them and develop their social, psychological and physical well-being for holistic development, to foster the cultural heritage and promote cross cultural understanding through various programme. The forum facilitates the interstate students to participate in the common college programmes such as college day and campus festival through their cultural representation as their cultural dance or song to disseminate their cultural heritage.

Besides these the forum also assists the students in the admission procedure and getting them no clearance certificate from the respective departments, arranges periodic counselling for the interstate students based



on their needs, encourages students in academic excellence and arranging training programme as per the requirements, conducts cross-cultural activities

aiming to achieve cultural harmony, searches for some scholarship scheme fitting to their needs, facilitates them to get their certificates after completion of the course.


COORDINATOR

INTERSTATE STUDENTS FORUM

Arul Anandar College (autonomous)
Karumathur – 625 514 Madurai – district



ANNUAL REPORT

2017-2018

Arul Anandar College has a unique practice of providing admission to every deserving students of the national as well as international. Now we have students from north-eastern states to south-western states. Every year the number of other state students studying in the college increases therefore the need for Interstate Student Forum was felt and it was materialized in the academic year 2017-18.



The first formal inaugural function of Interstate Student Forum was held on 7th September 2017. Rev. Dr. S. Basil Xavier SJ, Principal, Arul Anandar College inaugurated the forum for facilitating the students to feel at home and feel one with other students of the college by overcoming the cultural barriers as they come from different cultural backgrounds.

India is being a secular country known for its unity in diversity. Arul Anandar College also promotes the spirit of oneness in spite of our diverse



cultural differences. Hence it creates a platform for the students to know each other's culture and interact with each other and appreciate other culture. Interstate student forum works for unity among the student from different states.

The forum operates with the vision to cater the needs of other state students and help them to open up to the new culture without losing their identity to have holistic development. In return the native state students

also become acquainted with diverse cultural heritage of the nation through interaction with other state students and work towards cultural integration among the students. In this academic year, the number of other state students is 97.

The forum works towards achieving its vision through various action programmes such as to provide a favourable environment for the other state students to feel at home with safe and secure, to generate an opportunity for other state students to express their view and ideas at different forum in their own mother tongue, to offer personal and academic counselling to



support them and develop their social, psychological and physical well-being for holistic development, to foster the cultural heritage and promote cross cultural understanding through various programme.

The forum facilitates the interstate students to participate in the common college programmes such as college day and campus festival through their cultural representation as their cultural dance or song to disseminate their cultural heritage.

Besides these the forum also assists the students in the admission procedure and getting them no clearance certificate from the respective departments, arranges periodic counselling for the interstate students based on their needs, encourages students in academic excellence and arranging training programme as per the requirements, conducts cross-cultural activities aiming to achieve cultural harmony, searches for some scholarship scheme fitting to their needs, facilitates them to get their certificates after completion of the course.


COORDINATOR

FACILITIES FOR THE DIVYANGJAN STUDENTS

Web link of 7.1.7

Divyangjan Students

Link

THATHA PAATTI CLUB

NATURE CLUB

- | | |
|------------------------|-------------|
| 1. Dr Malar Kannan S P | Coordinator |
| 2. Dr Amalraj M | Member |
| 3. Dr Jansi Rani K | Member |

ARUL ANANDAR INITIATIVES FOR SOCIAL EDUCATION (ARISE)

- | | |
|-------------------------|-------------|
| 1. Rev. Dr Lazar SJ | Director |
| 2. Dr Nirmal Rajkumar V | Coordinator |
| 3. Mr Muniyandi K | Field Asst |

CONSUMER CLUB

- | | |
|------------------------|-------------|
| 1. Dr Kala T | Coordinator |
| 2. Mr Muthupерumal P V | Member |

THATHA-PATTI CLUB

- | | |
|-----------------------|-------------|
| 1. Mr Deva Prince S A | Coordinator |
|-----------------------|-------------|

INTERNATIONAL STUDENTS FORUM

- | | |
|---------------------------------|-------------|
| 1. Rev. Dr Anbarasu M | Coordinator |
| 2. Rev. Dr Elphinston Kishore T | Member |
| 3. Mr Stalin F | Member |
| 4. Dr Raja A | Member |

INTER STATE STUDENTS FORUM

- | | |
|---------------------------------|-------------|
| 1. Dr Arulappan M | Coordinator |
| 2. Rev. Dr Elphinston Kishore T | Member |
| 3. Mr Muthu Perumal P V | Member |
| 4. Mr Albert Irudayaraj J | Member |

COUNSELLING CELL

ADVISORY BOARD

- | | |
|-----------------------------|-----------|
| 1. Rev. Dr John Pragasam SJ | Rector |
| 2. Rev. Dr Godwin Rufus SJ | Principal |

TEAM OF COUNSELLORS - MENTOR CARE

- | | |
|----------------------------------|-----------------------|
| 1. Rev. Fr Jesu Michael Das R SJ | Director / Counsellor |
| 2. Dr Ramkumar G | Coordinator (Shift I) |
| 3. Rev. Dr Antonysamy A SJ | Counsellor |

PLEDGE OF THATHA PAATTI CLUB

A Pledge to

- Respect parents and elders
- Respect cultural heritage
- Uphold humanitarian values and ethical practices

உறுதிமொழி

அருள் ஆனந்தர் கல்லூரி மாணவர்களான நாங்கள் / தமிழ்நாட்டின்
பாரம்பரிய / பெருமைகளைப் போற்றுவோம் / மேன்மை மிக்க
குடும்ப உறவுகளை / பேணிப் பாதுகாப்போம். எந்த நிலையிலும் /
அன்பு பாசம் கருணை போன்ற / நற்பண்புகளைக் கடைபிடித்து
வாழ்வோம் / அன்பின் அடையாளங்களான / எங்கள்
தாய்தந்தையரையும் / மூத்த குடிமக்களையும் மதிப்போம் /
அவர்களின் துன்பங்களை / களையப் பாடுபடுவோம் /
அவர்களுக்காக நாள்தோறும் / எங்கள் நேரத்தை ஒதுக்கி /
அவர்களின் சொற்களுக்கு / செவிமடுப்போம் / அவர்கள்
ஒவ்வொருவரும் / ஒரு நூலகம் என்பதை உணர்ந்து /
அவர்களிடமிருந்து நல்ல அனுபவ அறிவை / பாடங்களாகக்
கற்றுக் கொள்வோம் / என்று உளமார உறுதி கூறுகிறோம்.

Report of Sensitization Programme Organized by Thatha Patti Club (08.03.2018)

THATHA PATTI CLUB ARUL ANANDAR COLLEGE (AUTONOMOUS), KARUMATHUR SENSITISATION PROGRAMME – REPORT

Organised by : Thatha Patti Club of Arul Anandar College
Theme : *Inter-Generational Bonding among Youths*
Venue : Audio Visual Hall
Date : 08-03-2018, Thursday
Time : 09.30 a.m.

The Thatha Patti Club of AAC organized a One-day Sensitisation Programme on “*Inter-Generational Bonding among Youths*” at Arul Anandar College. Mr. S. A. Deva Prince, Coordinator of Thatha Patti Club, AAC welcomed the Chief Guests, Resource Persons and the gathering. Rev. Fr. Dr. S. Basil Xavier, S.J. inaugurated the one-day sensitisation programme and delivered the Presidential Address. Dr. S. Michael John Peter, Deputy Principal, AAC felicitated the programme. Dr. R. Antony Paul Gnanasekar, Former Associate Professor & Head, Department of History, Arul Anandar College delivered a motivational lecture on ‘Old is Gold’. In his speech he pointed out the various historical achievements of many great people at their elderly ages; Mr. K. Ram Prabhu, Advocate, Madurai District Court delivered a special talk on ‘Policies, Programmes & Legal aspects of Elderly People’. Then Mr. S. A. Deva Prince shared his views on ‘Understanding & Caring Elderly People’. The student participants took oath in favour of caring Elderly People. Mr. J. Joseph Xavier proposed vote of thanks.



PRINCIPAL
Arul Anandar College
Karumathur-625 514, Madurai Dt.



Mr. S. A. Deva Prince
Coordinator, Thatha Patti Club

அருள் ஆனந்தர் கல்லூரியில் தாத்தா - பாட்டி மன்றம் சார்பில் மாணவ - மாணவிகளுக்கான ஒரு நாள் கருத்தரங்கம்

மதுரை மார்ச் 9-
 உசிலம்பட்டி. அருகில் உள்ள அருள் ஆனந்தர் கல்லூரியில், தாத்தா - பாட்டி மன்றம் சார்பில் மாணவ-மாணவிகளுக்கான ஒரு நாள் கருத்தரங்கம் நடைபெற்றது. கருத்தரங்கில் தாத்தா - பாட்டி மன்ற ஒருங்கிணைப்பாளர் எஸ். ஏ. தேவ பிரின்ஸ் வரவேற்புரை ஆற்றினார். கல்லூரி முதல்வர் பங்கு தந்தை டாக்டர். எஸ். பா. சில் சேவியர் முதன்மை உரையாற்றினார். தொடர்ந்து கல்லூரி துணை முதல்வர் மைக்கேல் ஜான் பீட்டர் பேசினார். பின்னர், மாணவ-மாணவிகள் மத்தியில் ஓய்வு பெற்ற வரலாற்றுத் துறை பேராசிரியர் டாக்டர். ஆர். ஆன்ட்னி பால் ஞானசேகர் " ஒல்டு இஸ் கோல்டு " என்ற தலைப்பில் தாத்தா - பாட்டிகளின் பயன்பாடுகள் பற்றியும், அவர்களை நாம் எப்படி பாதுகாத்து, போற்றி பேணப்பட வேண்டும் என்பதைப் பற்றியும் தொடர்ந்து சளைக்காமல் ஒரு மணி நேரம் மேல் பேசி, மாணவ-மாணவிகளிடையே பலத்த கைதட்டல் பெற்றார். மேலும், இவர் பேசுகையில் முதியவர்கள் பல நாடுகளில் வயது மூப்பு காரணமாக உறவினர்களாலேயே கொல்லப்



படுவதை எடுத்து கூறினார். தற்போது உலக நாடுகளில் முதியவர்கள் பேணி, பாகாக் கப்பட்டு வருவதாகவும் கூறினார். உலக அளவில் பல தலைவர்கள் வயது முதிர்ந்த வயதில் தான் சாதனை புரிந்துள்ளார்கள், என்பதை எடுத்துக் கூறினார்.

மேலும் இவருடைய பேச்சுக்கள் அனைத்தும் ஆதாரப்பூர்வமாக இருப்பதால் அதனை தொகுத்து புத்தமாக வெளியிட்டால் அது மூத்த குடிமக்களுக்கு நாம் செய்யும் நல்ல பணியாக அமையும் என பலரும் நிகழ்ச்சியில் கூறினர். நிகழ்ச்சியில் இவரைத்

தொடர்ந்து மதுரை ஐகோர்ட் வக்லே ராம் பிரபு மாணவ - மாணவிகளிடையே பேசினார். இவர் பேசுகையில், முதியவர்களான தாத்தா - பாட்டி, அப்பா-அம்மா இவர்களை நாம் மிகவும் பயபக்தியுடன் பாதுகாக்க வேண்டும். அவர்களுக்கு ஏற்படும் பிரச்சனைகளை சட்டபூர்வமாக எப்படி சமாளிப்பது என்பது பற்றியும் பேசினார்.

இவர் முதியவர்களுக்கான பல்வேறு நலத்திட்டங்களை செயல்படுத்தி வருகிறார் என்பது குறிப்பிடத்தக்கது. இவர் முதியவர்களுக்கு செய்திடும்

நற்பணிகளை மாணவர்களுக்கு எடுத்து கூறி அவர்களை நல்வழிப்படுத்தி உற்சாகப்படுத்தினார். நிகழ்ச்சியை கல்லூரி மாணவ-மாணவிகள் மிகவும் பொறுமையாக அமர்ந்து பேச்சாளர்கள் பேச்சுக்களை கேட்டது குறிப்பிடத்தக்கது. இவரைத் தொடர்ந்து தேவ பிரின்ஸ் முதியவர்களை புரிந்து கொண்டு எப்படி அவர்களை கவனிப்பது என்பது பற்றி பேசினார். நன்றியுரை மாணவர் ஜே ஜோசப் சேவியர் கூறினார். தேசிய கிதத்தை மாணவர் எஸ். பிரவீண் கண்ணன் பாடினார்.

Report of Sensitization Programme Organized by Thatha Patti Club (13.02.2017)

THATHA PATTI CLUB ARUL ANANDAR COLLEGE (AUTONOMOUS), KARUMATHUR SENSITISATION PROGRAMME – REPORT

Organised by : Thatha Patti Club, AAC & Madurai Institute of Social Sciences, Madurai
Theme : *Inter-Generational Bonding among College Students*
Venue : Audio Visual Hall
Date : 13-02-2017, Monday
Time : 10.00 a.m.

The Thatha Paati Club of Arul Anandar College & Madurai Institute of Social Sciences, Madurai jointly organized a One-day Sensitisation Programme on “*Inter-Generational Bonding among College Students*” at Arul Anandar College. The programme was sponsored by National Institute of Social Defence, New Delhi. Mr. S. A. Deva Prince, Coordinator of Thatha Patti Club, AAC welcomed the Chief Guests, Resource Persons and the gathering. Rev. Fr. Dr. S. Basil Xavier, S.J., inaugurated the one-day sensitisation programme and delivered the Presidential Address. Dr. R. Antony Paul Gnanasekar, Associate Professor & Head, Department of History, AAC felicitated the programme. Dr. M. Kannan, Former Principal, Madurai Institute of Social Sciences delivered a lecture on ‘Problems of the Aged’; Mr. A. S. Ragul Raj, Mrs. R. Rajalakshmi and Mr. R. Venkatesan, Assistant Professors of Social Work, MISS delivered and shared their views on ‘*Role of Youth in caring the elderly*’, ‘*Policies, Programmes & Legal aspects*’ & ‘*The Role of Agencies on preventing Elderly People*’ Mrs. R. Rajalakshmi proposed vote of thanks.



Mr. S. A. Deva Prince
Coordinator, Thatha Paatti Club