ARUL ANANDAR COLLEGE (AUTONOMOUS) Reaccredited by NAAC at 'A' Grade KARUMATHUR-625 514, MADURAI DIST. <u>ANNUAL SPORTS MEET 2022 -23.</u> <u>PRE-MEET EVENTS</u>

Date & Time	Men	Women	
22.8.2022 - 04.30pm. Monday	5000 mts Final 100 mts Heats Hammer Throw Trials/Final Long Jump Trials	200 mts Heats Discus Throw Trials/Final	
23.8. 2022 - 04.30pm. Tuesday	400 mts Heats 4x100 mts Relay Heats High Jump Trials / Final Javelin Throw Trials/Final	800 mts- Final 4x100 Trials/Final	
24.8. 2022- 04.30pm. Wednesday	1500 mts Final Shot-put Trials/Final 200 mts Heats 4x400 mts Heats	100 mts Heats Javelin Throw Trials/Final Long Jump Trials/Final	
25.8. 2022 - 04.30pm. Thursday	800 mts Final Triple Jump Trials/Final 200 mts Final 4x100 mts Final	200 mts Final High Jump Trials/Final 400 mts Heats	
26.8. 2022 - 04.30pm. Friday	110mts Hurdles Heats Discus Throw Trials/Final Pole–Vault Trials/Final 400 mts Final	400 mts Final Shot Put Trial/Final	
2.9.2022. Annual Sports Meet	3000 mts (Special Event) 100 mts Final Long Jump – Final Pole–Vault / High Jump - Final 4 x 400 mts Final	100 mts Final 4 x 100 mts Final Shot Put Trial/Final	Men & Women Staff Events

Note:

1. Each student can participate in any 3 events, except Relay Race

2. Only two students can participate in each competition from each department

Dir. of Phy. Edn.

Principal